Hormones and Sex Steroid Receptors in the Female Pig

Effects of Mating, Artificial Insemination, Seminal Plasma and Genistein

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Abstract

Artificial insemination (AI) of sows and gilts is replacing mating in many countries. Another change over the last decades is that soya, rich in phytooestrogens, is routinely used in the diet to pigs. The aims of this thesis were to compare hormonal changes in blood plasma of the female pig during mating and insemination and to investigate if the phytooestrogen genistein influenced the hormonal responses and sex steroid receptor expression in the reproductive tract of inseminated gilts. Blood samples were taken via permanent catheters around mating or AI for analyses of hormones. Uterine and cervical cells were used in vitro to determine the role of seminal plasma. Three days after AI, gilts were euthanized and uterine and cervical tissues were prepared for morphological and immunohistochemical examination.

Plasma cortisol concentration increased more during mating than AI in sows, in contrast prostaglandin $F_{2\alpha}$ metabolite (PGFM) increased only after AI. By incubating cells from porcine cervix and uterus with seminal plasma prostaglandin synthesis was inhibited in a dose dependent manner, providing a possible explanation for the difference in PGFM after mating. When a feed relevant dose of genistein was added to gilts from 3 days before oestrus until 3 days after AI, prostaglandin $F_{2\alpha}$ exhibited more frequent pulses with higher amplitudes after AI, the PGE₂ level was elevated and plasma oxytocin was almost doubled. PGFM, however, had a similar pattern in both groups. Nevertheless gilts administered genistein showed no significant difference in cell proliferation or the expression of oestrogen receptors (ER) α and β or progesterone receptor in uterus and cervix. However, intra-treatment evaluation and correlations indicated that genistein may modulate receptor patterns and induce subtle morphological changes. In view of the results presented in this thesis it is surprising that the difference in reproductive performance is not greater between AI and mating, especially with the addition of soya to the diet.

Keywords: Pig, oestrus, insemination, genistein, endocrinology, prostaglandin, oxytocin, oestrogen receptors, seminal plasma.

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Dedication

To all the sows and gilts in the world...

Om snöret inte håller, utan går av, är det bara att försöka med ett annat snöre.

Nalle Puh

Det bästa är att veta vad man letar efter innan man börjar leta efter det. Nalle Puh

Instinct and intuition lend their guidance long before your head comprehends.

Dan Millan

Minds are like parachutes. They only function when they are open Sir James Dewar, Scientist (1877-1925)

To be absolutely certain about something, one must know everything or nothing about it. Olin Miller

This report, by its very length, defends itself against the risk of being read. Winston Churchill (1874-1965)

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List of Publications

This thesis is based on the work contained in the following papers, referred to by Roman numerals in the text:

- I Norrby M., Madsen MT., Borg Alexandersen C., Kindahl H., Madej A. (2007). Plasma concentrations of cortisol and $PGF_{2\alpha}$ metabolite in Danish sows during mating, and intrauterine and conventional insemination. *Acta Vet Scand* 49 (36).
- II Madej M., Norrby M., Madsen MT., Johannisson A., Hansen C., Madej A. Effect of boar seminal plasma on production of prostaglandins and interleukin-6 from porcine endometrial and cervical cells and bovine endometrial cells (Manuscript).
- III Norrby M., Madsen MT., Saravia F., Lundeheim N., Madej A. (2010) Genistein alters the release of oxytocin, prostaglandins, cortisol and LH during insemination in gilts. *Reprod Dom Anim.* doi: 10.1111/j.1439-0531.2010.01669.x
- IV Norrby M., Madej A., Ekstedt E., Holm L. Effects of genistein on oestrogen and progesterone receptor, proliferative marker Ki-67 and carbonic anhydrase localization in the uterus and cervix of gilts after insemination (Manuscript).

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Abbreviations

AA	Arachidonic acid
ACTH	Adrenocorticotrophic hormone
AI	Artificial insemination
CRH	Corticotrophin releasing hormone
EDTA	Ethylenediaminetetraacetic acid
EIA	Enzyme immunoassay
ER	Oestrogen receptor
FSH	Follicle-stimulating hormone
GnRH	Gonadotrophin releasing hormone
IL	Interleukin
IUI	Intrauterine insemination
LH	Luteinizing hormone
OTR	Oxytocin receptor
pCE	Porcine cervical epithelial cells
pCS	Porcine cervical stromal cells
PGE ₂	Prostaglandin E ₂
$PGF_{2\alpha}$	Prostaglandin $F_{2\alpha}$
PGFM	15-keto-13,14-dihydro-prostaglandin
PR	Progesterone receptor
pUE	Porcine uterine epithelial cells
pUS	Porcine uterine stromal cells
PVN	Paraventricular nucleus
RIA	Radioimmunoassay
SON	Supraoptic nucleus
TNF	Tumor necrosis factor
UTJ	Utero tubular junction

1 Background

The management of pigs has changed over the last decades. The increasing size of the herds has made it impractical to keep enough boars for mating, which has increased interest for artificial insemination as a consequence. Another advantage with artificial insemination is that the best boars can be more intensively used and the genetic improvements can be made faster.

However, there are differences between mating and artificial insemination in terms of the physiological response in female pigs. The major part of the seminal plasma is discarded when the insemination doses are prepared and other solutions are added to the small quantity of the sperm rich fraction which is needed. If these differences cause changes in the hormonal responses of the female has yet to be fully investigated, but smaller litter size after AI than mating are reported (Paredis, 1961; Tummaruk *et al.*, 2000; Tanavots *et al.*, 2002). In addition, gilts and sows respond differently to combinations of mating and AI in terms of reproductive performance (Flowers & Alhusen, 1992) and the presence of a boar during AI has a positive effect on litter size (Am-In *et al.*, 2006). From both practical and theoretical aspects the discrepancies therefore seemed interesting and initiated this project.

Another aspect included in this thesis is the widespread use of soya as a protein source for pigs. Soya contains phytooestrogens e.g. genistein and daidzein, resembling the natural oestrogens necessary for normal reproduction. Gilts fed fodder containing soybean meal (11.6 %) consume approximately 725 mg total phytooestrogens daily (Ford *et al.*, 2006). Genistein is rapidly absorbed into the blood plasma (Lundh, 1995). Comparison of hormonal and local effects in the reproductive organs of pigs given or not given phytooestrogens was therefore of interest.

1.1 The female reproductive tract of the pig

The female reproductive tract consists of ovaries, oviducts, uterus, cervix, vagina, vestibulum and vulva. The ovaries in the pig are approximately 5 cm long and irregular in shape, due to numerous follicles or corpora lutea protruding from the surface in cyclic animals. The ovaries have two principal functions: the storage and development of oocytes (egg cells), and the production of sex hormones. The oviducts, or uterine tubes, are about 20 cm in length and divided into three segments. Facing the ovary is the infundibulum, which capture the oocytes at ovulation. The oviducts then consist of the wider ampulla and the narrower isthmus, which connects to the uterus. The ampulla-isthmus junction is the site of fertilisation, i.e. where the spermatozoa meet the ova. The pig uterus consists of a short body and two long uterine horns (corpus and cornuae uteri). The cervix is up to 25 cm in length and has internal interdigitating mucosal prominences *pulvini cervicales*. The cervix lacks distinct ends; in particular the transition between cervix and vagina is continuous. The utero-cervical transition is somewhat more distinct. The vagina reaches from the cervix to the urethral orifice and the vestibulum reaches from the urethral orifice to the vulva. The vulva is composed of the labia and the clitoris.

In this thesis the uterus and cervix have been investigated at a light microscopy level. Therefore, the structure of these organs is described briefly. The uterine wall is composed of an endometrium towards the uterine lumen, a myometrium and the perimetrium towards the abdominal cavity. The endometrium consists of a surface epithelium, coiled, branched uterine glands and a loose connective tissue stroma with capillaries and small blood vessels. The myometrium is mainly composed of smooth muscle cells with two thin longitudinal layers and a thicker circular layer in between. The uterus is not considered to be fully morphologically mature until the second oestrus after puberty (Schnurrbusch & Erices, 1979). In the cervix of the sow main part of the surface epithelium is stratified and undergoes cyclic variations. The underlying stroma consists of dense connective tissue with capillaries and small blood vessels. The tunica muscularis, consists of smooth muscle cells in two layers, one circular and one longitudinal. Towards the abdominal cavity is a serosa of loose connective tissue (Priedkalns, 1993).

1.2 Oestrus, gonadotropins, sex steroid hormones and their receptors

It is generally accepted that the hormonal interaction of the hypothalamicpituitary-ovarian-uterine axis control the oestrous cycle. Oestrus is the period of the cycle during which the female is sexually receptive and when ovulation occurs. During oestrus the gilt or the sow assumes a rigid posture (standing reflex) when her loins are firmly pressed either by a boar or by human manipulation in the presence of a boar, and she will accept mating or insemination. On average, the length of the oestrous cycle is 21 days (18-24 days) (Fig. 1).

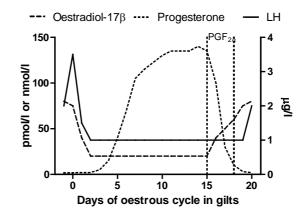


Figure 1. A schematic diagram presenting concentrations of oestradiol-17 β in pmol/l, progesterone in nmol/l and LH in µg/l, during oestrous cycle in gilts. Data compiled from (Shille *et al.*, 1979; Van De Wiel *et al.*, 1981; Andersson *et al.*, 1984; Knox *et al.*, 2003).

Gilts attain puberty and show the first oestrus at around 7 months of age (Andersson *et al.*, 1983). They show standing reflex on average for a period of between 48 and 69 hours (Van De Wiel *et al.*, 1981) preceded by 1-3 days of prooestrus (Andersson *et al.*, 1984). The plasma concentration of oestradiol-17 β increases during prooestrus and reaches a maximum around 10-12 h before the onset of oestrus (Van De Wiel *et al.*, 1981; Andersson *et al.*, 1984). The preovulatory LH peak occurs a few hours later. After ovulation, cells in the ruptured follicles are converted to lutein cells, which will form the progesterone producing corpora lutea. The oestradiol-17 β level rapidly declines, followed by an increase in the level of progesterone. Progesterone acts on the uterus to create favourable conditions for reception of the embryos, placentation and stimulation of the uterine glands to increase their secretory activity. In the absence of

embryos, uterine cells start to produce prostaglandin $F_{2\alpha}$ (PGF_{2 α}), which causes regression of the corpora lutea (luteolysis) on days 13 – 17 of the cycle and progesterone secretion declines (Shille *et al.*, 1979).

If the gilts are pregnant the corpora lutea continue to produce progesterone and the farrowing takes place after 110-115 days. Usually, piglets are allowed to suckle for five weeks in Sweden. During lactation the ovarian activity is inhibited and the LH pulses from the hypophysis have a low frequency and low amplitude (De Rensis & Foxcroft, 1999). Immediately after weaning, available follicles are a target for increasing frequency of LH pulses. At the same time, mean plasma concentration of FSH rises followed by an increased concentration of oestradiol-17β. At a certain time FSH will start to decrease concomitant with a further increase of LH and oestradiol-17β. According to (Lucy et al., 2001) such hormonal changes indicate follicular development. Plasma concentrations of oestradiol-17ß reach a maximum between 4 hours before and 18 after the onset of standing oestrus. When these hormonal changes are well coordinated, the weaning-to-oestrus interval in sows varies on average between 96 and 118 hours (Soede et al., 1994; Brandt et al., 2009). Oestradiol-17 β causes the typical signs of oestrus such as a swollen and hyperaemic vulva, restlessness and riding behaviour as well as increased secretory activity, hypertrophy and oedema of the reproductive tract.

By acting on GnRH in hypothalamus oestradiol- 17β has a positive feedback on the preovulatory LH peak, which reaches a maximum 5 – 20 h after oestradiol peak and ovulation occurs 26 – 34 h later (Brandt *et al.*, 2007; Brandt *et al.*, 2009). The length of oestrus can be as short as 32 h and as long as 72 h (Brandt *et al.*, 2007; Brandt *et al.*, 2009). The time from the onset of oestrus to ovulation ranges between 38 and 41 hours. The progesterone concentrations start to rise a short time after ovulation (Brandt *et al.*, 2007).

The strict coordination between oestradiol-17 β and progesterone during the oestrous cycle is necessary for adequate reactions in the uterus and cervix. The hormones are ligand regulating transcriptional factors through an interaction with target DNA sequences. Thereafter, gene expression modification, protein expression and hormonal effects emerge, which take several minutes to hours or days, reviewed in (Migliaccio *et al.*, 2010). The biological effects of oestradiol-17 β were found to be mediated through a specific receptor (oestrogen receptor = ER) in 1962 (Jensen & Jacobson, 1962). Since then the ER has been extensively studied and in 1995 (Kuiper *et al.*, 1996) found a second ER, named ER β . The first ER was cloned in 1986 (Walter *et al.*, 1985; Green *et al.*, 1986) and has been renamed ER α . The expression of ERs is controlled by both progesterone and oestrogen (Mester *et al.*, 1974). Oestradiol-17 β up-regulates ER α and down-regulates ER β as well as ER β mRNA in the uterine stroma of mice (Weihua *et al.*, 2000). However, studies on porcine myometrium described that one single dose of oestradiol-17 β down-regulates ERs (Sahlin *et al.*, 1990). Oestradiol-17 β also greatly increases the expression of the progesterone receptor (PR) in the uterine tissues of guinea pigs and rats (Milgrom *et al.*, 1973; Koseki *et al.*, 1977). Later, it has been shown that oestradiol-17 β induces PR in uterine stromal and glandular epithelial cells whereas it reduces PR in mice uterine surface epithelial cells (Weihua et al., 2000). It has been suggested that ER α activity controls the alternation of PR described by the latter authors, in contrast ER β signalling decrease PR mRNA levels selectively in glandular cells (Sahlin *et al.*, 2006).

1.3 Mating and artificial insemination

At mating, as well as during conventional artificial insemination (AI), semen is deposited into the cervical canal of the female. Semen transport along the uterine horns is elicited by myometrial contractions and a certain number of spermatozoa reach the uterotubal junction (UTJ) and the first part of isthmus. At the isthmus a sperm reservoir forms in order to (i) escape reflux and phagocytosis in the uterine lumen and (ii) ensure that sufficient numbers of potentially fertile spermatozoa are present at the site of fertilization when oocytes are released (Rodriguez-Martinez et al., 2005). The first successful AI was of a bitch, performed by Spallanzi in 1780, cited by Wishart (1944). AI in pigs has been used since the 1930s but the major development of AI in the pig industry took place in the 1980s, reviewed by Roca et al. (2006). In the pig, some changes to the methodology have occurred over the years, i.e. the semen was first deposited in the anterior end of the vagina (Wishart, 1944) instead of in the cervical canal, but in general the technique is the same. The quantity of the dose and the number of spermatozoa used during those first years of successful AI, are actually close to what is used today in conventional AI (Ito et al., 1949). However, new AI techniques have been introduced as well, such as intrauterine techniques when the semen is deposited in the body or the horn of the uterus (Vazquez et al., 2008). Nearly 50 % of gilts and sows were inseminated at the end of 1990ies worldwide and in some European countries the percentage is 80 %, reviewed by Roca et al. (2006).

The hormonal pattern during AI differs from that of mating. Stimulation by the boar during mating releases oxytocin, but does not alter the basal concentration of prostaglandin $F_{2\alpha}$ metabolite in sows. The release of oxytocin can be triggered by stimulation similar to that of the boar performed by an AI-technician in front of a boar (Madsen *et al.*, 2002; Madej *et al.*, 2005). Boar stimuli have been widely discussed and consist of olfactory, auditory, visual and tactile components which all have been found to affect specific processes around AI (Soede, 1993). Olfactory components, pheromones such as 5 α -androstenone, were shown to affect both uterine activity and oxytocin release by Mattioli *et al.* (1986), but Langendijk *et al.* (2003) got contradictory results and no effects of 5 α -androstenone. Gerritsen *et al.* (2005) showed that combinations of artificial boar stimuli do not mimic the real boar and it is unclear how boar stimuli should be imitated to elicit the optimal physiological response in the female pig.

1.4 Prostaglandins, oxytocin, and cortisol

1.4.1 Prostaglandins

Prostaglandins were first discovered and isolated from human semen in 1935 (Goldblatt, 1935; von Euler, 1936). Von Euler named them prostaglandins assuming that they were synthesized in the prostate gland. The first successful isolation of a prostaglandin (PGF) was in 1957 (Bergstrom & Sjovall, 1957). Prostaglandins are synthesised in most cells in the body. They are hormones and they act as chemical messengers, but they are not produced in specific organs like the "classical hormones".

Prostaglandins are carboxylic acids, consisting of a 20 carbon skeleton with a five member ring and two side chains of 7 and 8 carbons respectively. They are synthesized from the essential fatty acid; arachidonic acid (AA). The AA is membrane bound in cells and most cell types possess the enzyme system necessary for the conversion of AA to prostaglandin. The first step leads to the production of cyclic peroxides by cyclooxygenas or the COX-system. Further metabolism of the peroxides leads to prostaglandins. Stimuli that activate prostaglandin biosynthesis are many e.g.; hormonal, nervous, other chemical and mechanical stimuli (Samuelsson *et al.*, 1975; Granstrom, 1981).

Prostaglandins participate in a wide range of body functions such as the contraction and relaxation of smooth muscles, the dilation and constriction of blood vessels, control of blood pressure, and modulation of inflammation. The prostaglandins are important in reproduction and those analyzed in this thesis are prostaglandin $F_{2\alpha}$ (PGF_{2a}), prostaglandin E_2

(PGE₂) and the prostaglandin metabolite 15-keto-13,14-dihydro-PGF_{2 α} (PGFM). In the pig, PGF_{2 α} is luteolytic (Gleeson *et al.*, 1974) and PGE₂ has a luteotrophic or anti-luteolytic effect (Akinlosotu *et al.*, 1986; Akinlosotu *et al.*, 1988). PGF_{2 α} and PGE₂ both cause myometrial contractions (Carsten, 1974; Willenburg *et al.*, 2004; Cao *et al.*, 2005; Mueller *et al.*, 2006).

PGFM is a semi-stable metabolite of $PGF_{2\alpha}$, which has a half-life of about 8 minutes (Kindahl *et al.*, 1976). PGFM is often used to estimate $PGF_{2\alpha}$ activity because $PGF_{2\alpha}$ is rapidly metabolized during its passage through the lungs. The enzyme 15-hydroxyprostaglandin dehydrogenase (15-PDGH) has been demonstrated in porcine uterine surface epithelial and glandular cells (Franczak & Bogacki, 2009), which is of interest because in the pig only 18 % is metabolized during the first passage in the lungs, in contrast to 99 % of the PGF_{2α} in the sheep (Davis *et al.*, 1980).

1.4.2 Oxytocin

Oxytocin is a peptide hormone, consisting of nine amino-acids produced by neurons in the paraventricular- and supraoptic nuclei of the hypothalamus (PVN and SON). By axonal transport oxytocin reaches the posterior pituitary gland where it can be stored or released into the blood. The prepubertal pig has fewer oxytocin neurons than the mature gilt or sow (Raymond *et al.*, 2006).

Oxytocin was the first peptide hormone to be sequenced and synthesized (Vigneaud, 1956). Oxytocin is well known for its role during parturition. It stimulates smooth muscle cells in the uterine myometrium (Carsten, 1974). The peptide got its name from Greek and means "quick birth" after its uterine-contracting properties discovered by Dale in 1906 and thus was the first hormone to be linked directly to female reproduction, cited by Lee *et al.* (2009). Oxytocin also stimulates the myoepithelial cells surrounding the milk-secreting alveoli in the mammary glands causing milk let-down. Oxytocin mediates contractile response through the oxytocin receptor (OTR) which binds both oxytocin and vasopressin. In the myometrium OTRs are unevenly distributed in longitudinal and circular muscles and regions of the uterus (Kitazawa *et al.*, 2001).

However, numerous other roles have been proposed for this peptide, e.g. its neuropeptide properties within the brain shown as effects on sexual and social behaviour (Lee *et al.*, 2009). In this thesis it is the role of oxytocin during oestrus which is in focus. In pigs, the pattern of myometrial contractions differs depending on the stage in the oestrous cycle (Langendijk *et al.*, 2002), which is important for the movement of

spermatozoa to the fertilization site at the ampullary-isthmus junction and later for the passage of the fertilized oocyte to the uterus (Rodriguez-Martinez *et al.*, 1982). Oxytocin release has been shown in oestrus sows during boar contact (Langendijk *et al.*, 2003) and during mating in the mare (Bader & Schams, 1987) and sow (Claus & Schams, 1990). The latter authors also showed that an infusion of oestradiol-17 β to the porcine uterus causes oxytocin release. Several early findings suggest that adding oxytocin to AI doses enhances conception rates and litter size in pigs (Milovanov & Sergeev, 1961; Sergeev, 1963) and conception rates in cows (Hays *et al.*, 1958).

1.4.3 Cortisol

Corticotrophin releasing hormone (CRH) from the hypothalamus acts on the anterior lobe of the hypophysis and causes release of ACTH, which is transported with the blood to the adrenal cortex where cortisol is released. Vasopressin and oxytocin also contribute to the release of adrenocorticotrophic hormone (ACTH), in synergy with CRH (McCann et al., 2000). Cortisol is a glucocorticoid (C_{21}) which belongs to the steroid superfamily of hormones together with progestagens (C_{21}) , and rogens (C_{19}) and oestrogens (C_{18}) that originates from cholesterol. Measurement of cortisol (or cortiscosterone in some species) in blood plasma is a traditional method for monitoring and evaluating stress in animals, even though the interpretation of the results can be difficult due to the wide definition of stress (Einarsson et al., 2008). Glucocorticoids are metabolic hormones with the primary function of preventing hypoglycaemia. They also have anti-inflammatory effects and are thought to alter gene expression by as much as 1 % in their target cells (Flower & Rothwell, 1994). An increase of cortisol in response to mating appears to be normal in the female pig (Barnett et al., 1982).

1.5 Seminal plasma

A better understanding of seminal plasma signalling in the female reproductive tract is important for optimal reproductive efficiency (Robertson, 2007). The boar ejaculate contains large amounts of oestrogens and testosterone and approximately half of the total oestrogen contents is bound to spermatozoa (Claus *et al.*, 1985), but the roles of these hormones are not known. In humans, seminal plasma contains large amounts of PGE₂ and PGF_{2a} (Samuelsson, 1963) whereas only small amounts are found in boar seminal plasma (Cheng *et al.*, 2003).

Recently, Kaczmarek *et al.* (2010) reported that seminal plasma stimulated production of PGE₂ from porcine oviduct epithelial cells but did not influence secretion of PGF_{2a}. The same study demonstrated that PGF_{2a} synthase and prostaglandin 9-ketoreductase (CBR1), which converts PGE₂ to PGF_{2a}, were down-regulated one day after infusion of seminal plasma into the uterine horns (Kaczmarek *et al.*, 2010). Furthermore, seminal plasma provokes ovulation in the pig. Waberski *et al.* (2006) suggested that semen-induced cytokines accelerate the final maturation of pre-ovulatory Graafian follicles.

In humans Sharkey *et al.* (2007) described a regulatory action of seminal plasma in expression of pro-inflammatory and immune-regulating cytokines in human cervical cells.

1.6 Phytooestrogens

Oestrogenic activity in plants inducing oestrus in animals was first reported by Loewe in 1926, who also wrote the first review on plant oestrogens in 1933, cited by Sharaf (1968). Bennetts *et al.* (1946) found reproductive disturbance in sheep grazing on clover pastures. The explanation was clear when it was found that clover contains phytooestrogens, and they are produced by many plants, including soya, which is a common protein source for pigs. Soya and their products are among the most significant sources of daidzein and genistein, two important isoflavones (Mazur & Adlercreutz, 1998). Genistein, as well as other isoflavones, resembles oestradiol-17 β and activates ER α and ER β (Kuiper *et al.*, 1998). Interestingly, isoflavones seem to be oestrogen-antagonists in high oestrogen environments and oestrogen-agonists in low oestrogen environments (Hwang *et al.*, 2006).

Genistein might more effectively induce ER α -mediated actions, despite having a higher affinity for ER β (Whitten & Patisaul, 2001). Genistein is reported to have anti-oestrogenic effects in the central nervous system of rodents (Patisaul *et al.*, 2002). In piglets born to sows administered daidzein ER β , gene expression was down-regulated in the hypothalamus, but not in the hypophysis (Ren *et al.*, 2001). It has also been shown that phytooestrogens, like genistein, are effective inhibitors of COX-2 (Hertrampf *et al.*, 2005; Swami *et al.*, 2007) but there are also reports showing that genistein increases the prostaglandin concentration in cattle (Woclawek-Potocka *et al.*, 2005). In addition, genistein attenuates the release of cortisol in adrenal cells from humans (Mesiano *et al.*, 1999) and pigs (Kaminska *et al.*, 2007), probably by suppressing the ACTH-induced activity of 21-hydroxylase (P450c21) (Mesiano *et al.*, 1999).

1.7 Introduction to the thesis

In reproduction it is mainly the luteolytic effect of $PGF_{2\alpha}$ which has been of interest during the oestrous cycle. It was therefore a new finding when (Madsen *et al.*, 2002) reported that artificial insemination (AI) of sows resulted in a dramatic increase of PGFM, which was not seen in mated sows. This was confirmed after intrauterine insemination by Alexandersen *et al.* (2005). In later studies an interaction between cortisol and PGFM was related to housing systems during AI (Madej *et al.*, 2005). In view of these studies it was decided to compare the effects on cortisol and PGFM in blood samples obtained from three groups of sows during AI by conventional technique (AI), intrauterine insemination (IUI) and boar mating. The results are presented in paper I.

What could be the reason for the increase of PGFM during AI? Could the removal of most of the seminal plasma in preparation of the AI dose be involved? This problem is raised in paper II, where endometrial and cervical cells were studied with or without the addition of seminal plasma and the effects on prostaglandin production. As mentioned in the background, pigs are receiving phytooestrogens via their feed. Systematic investigations of what this means in terms of hormonal patterns during AI (paper III) and if genistein alter the expression of sex steroid receptors after AI (paper IV) were performed.

Aims

The overall aims of this thesis were to compare hormonal changes in blood plasma of the female pig during mating and insemination and to investigate to what extent the phytooestrogen genistein influenced the hormonal responses and sex steroid receptor expression in the reproductive tract of inseminated gilts.

Specifically the studies aimed:

- ➢ to determine if patterns of PGFM, cortisol and oxytocin in blood plasma differ during mating and insemination
- ➤ to investigate if seminal plasma inhibited the release of prostaglandins in uterine and cervical cells
- > to determine if genistein administration per os changed patterns of $PGF_{2\alpha}$, PGE_2 , and PGFM, oxytocin, and cortisol concentrations in the blood plasma of gilts after AI, and
- > to study if genistein alters the expression of ER α , ER β , PR, and proliferation marker Ki 67 in uterus and cervix of early pregnant gilts

2 Materials and Methods

Materials and methods used in the present studies are presented in detail in the papers (I-IV). Here a more generalised description of materials and methods is presented together with some preliminary results. The Animal Experimentation Inspectorate, Ministry of Justice, Denmark and the Danish Medicines Agency, Denmark as well as The Regional Ethical Committee on Animal Experiments, Uppsala, Sweden, approved the care of the animals and the design of the experiments.

2.1 Animals

Paper I is based on collaboration between Denmark and Sweden and the sows belonged to a herd at Grønhøj in Denmark. Sows (n=33) were held in crates and subjected to three kinds of treatment: served by boar (Boargroup), inseminated intrauterinally (IUI-group) or inseminated conventionally (AI-group). Blood samples were taken around mating and insemination. All analyses were done in the laboratory at The Department of Anatomy, Physiology and Biochemistry, Swedish University of Agricultural Sciences.

In Paper II, cells from the uterus and cervix were collected from three gilts. Two gilts were experimental animals from SLU and one gilt was obtained from the abattoir.

In papers III-IV twelve gilts born and raised at Funbo-Lövsta Research Station, SLU, Uppsala were studied. The gilts were fed a soya-free diet from first oestrus and by analysing the falling progesterone levels in blood plasma, the onset of oestrus could be predicted (Einarsson *et al.*, 2007). Three days before second oestrus the gilts were divided into two groups, one group of gilts was given genistein until three days after AI and one group of gilts were control group. The gilts were euthanized and the

genital tract was removed, weighed and macroscopically examined. The number of corpora lutea (CL) was counted. From each of the uterine horns the tuba uterina and first part (20 cm) of the uterus including uterotubal junction (UTJ) were flushed with BSA-buffer for embryo collection and counting.

2.2 Mating and insemination procedures

The sows and gilts were checked for standing oestrus by means of the back pressure test and the riding test, in the presence of a boar. In paper (I) two Danish Duroc boars were evenly used, to serve the sows in the Boar-group. The artificially inseminated sows were assigned to either AI or IUI. All sows were served during the first oestrus after weaning. The sows in the Boar-group were moved to the boar-pen for mating, while AI- and IUIgroups were served in the crate (Paper I). The gilts in papers III and IV were served 24 hours after the first signs of standing oestrus behaviour (Almeida et al., 2000) during their second oestrus. The gilts and the sows, regardless of insemination method, were stimulated in front of a boar according to a 5-point stimulation plan (Madsen et al., 2002), i.e. manipulation of the abdominal area, the area under vulva, the inguinal area and the pelvic area followed by back pressure before AI. All inseminated animals received a dose of semen containing 2×10^9 progressive motile spermatozoa. The semen was blended with EDTA-extender to a total volume of 80 ml.

2.3 Venous cannulation and blood sampling (papers I and III)

Blood samples were taken via an implanted catheter in the vena jugularis externa through vena auricularis. The pigs were sedated and restrained with a nose string during catheterization. In the first pigs (Paper I) it was difficult to penetrate the skin of the ear directly with the catheter (designed for use in humans) and in some cases the catheter tip was damaged by the procedure. We therefore modified the technique by making a small cut in the skin with a scalpel (Paper III). This made the procedure easier and the tip did not damage the vein. The hole was sealed immediately after insertion of the catheter, to minimize the risk for infection.

The blood samples had to be collected as calmly as possible to avoid stress affecting the results. The gilts got several days of adjustment to the new environment where the insemination was to occur. During that time they were trained to accept human contact and to be scratched gently. After many hours all of the gilts were relaxed in the new environment. This gave the advantage that they allowed frequent blood sampling without any restraint and that it was easy to clean the ears and flush the catheter. All blood samples were collected using a 10 ml syringe with a minimum interval of 1 min before, during, and after service. The catheters were flushed at regular intervals with heparinised saline solution to avoid coagulation and that solution was discarded before the next blood sample was withdrawn. The syringe was emptied into pre-cooled tubes prepared with EDTA or heparin, and aprotinin, all to prevent enzymatic degradation of protein hormones. Blood plasma intended for analysis of prostaglandin was prepared with indomethacin to block the continued synthesis of prostaglandins in the sample.

2.4 Seminal plasma added to porcine and bovine cells (paper II)

Three experiments were performed. In Experiment 1, porcine endometrial stromal cells (pUS) and porcine cervical stromal cells (pCS) originating from two gilts after insemination. Preparation of the cells is described in detail in Paper II. The effects of adding seminal plasma at volumes from 0.0 to 1.0 ml to the culture medium on the production of PGFM by the cells were tested.

In Experiment 2, the investigations included a comparison between porcine and bovine cells. Bovine endometrial epithelial cells were purchased from Cell Applications, Inc., San Diego, USA, and cultured according to the recommendations of the manufacturer. Porcine endometrial epithelial (pUE), endometrial stromal (pUS), cervical epithelial (pCE) and cervical stromal (pCS) cells were collected from a slaughtered gilt and treated as in Experiment 1. In experiment 2, 0.2 ml of seminal plasma was added to the culture medium and the production of PGFM and PGF_{2a} was analysed. In this experiments AA, (20 µg/ml) were added to some cells and compared with the controls.

In Experiment 3, porcine epithelial and stromal cells obtained from the endometrium as well as from the cervix during Experiment 2 were used. The cells were cultured for 8 days and harvested by enzymatic treatment. The cell suspension was frozen at -135°C, stored for 6 months and moved to -80°C. After several months of storage, cells were thawed and cultured as in Experiment 2 for 3 and 24 h with and without 20.0 μ g/ml of AA. The effects of different volumes of seminal plasma on the production of PGFM, PGF_{2 α} and PGE₂ were tested.

In all experiments, the medium was collected after 3 and 24 h incubation into tubes containing 10 μ g/ml of indomethacin and stored at -20°C. The cells were lysed for the total cellular protein determination and also stored at -20°C.

2.5 Hormone analyses (papers I, II and III)

At the onset of this thesis work the previously used radioimmunoassay (RIA) for oxytocin in our department was no longer available. It was replaced with a commercial enzyme immunoassay (EIA) method. The first tests with the EIA kit for oxytocin revealed that it could not be used according to the manual from the supplier because the values were too high. This started a tedious step by step modification of the method as described in Paper III. These modifications resulted in an ED-50 value for the standard curve (expected concentration at 50 % bound) at 82.7 pmol/l compared with 123 pmol/l according to the manual. The recovery of oxytocin in spiked plasma samples was on average 97%.

 PGE_2 and $PGF_{2\alpha}$ analyses were done using a commercial competitive EIA on indomethacin treated plasma and medium samples. PGE_2 validation showed a mean recovery of 92%. The $PGF_{2\alpha}$ analyses had, according to the manufacturer's protocol, a 96.9% recovery in porcine plasma. PGFM in paper I, III and in Experiment 1 in paper II, was analysed by RIA (Kunavongkrit *et al.*, 1983). In Experiment 2 and 3 of paper II the PGFM was analysed by a commercial EIA.

Cortisol analyses were done using a RIA kit, which was validated for porcine plasma (Mwanza et al., 2000) and plasma progesterone was measured by RIA (Coat-A-Count Progesterone; Diagnostic Products Corporation), used according to the manufacturer's recommendations and validated for porcine plasma (Epelu-Opio & Madej, 1988).

2.6 Reproductive tract (paper IV)

2.6.1 Tissue collection

Approximately 20 - 30 cm from the uteri tubular junction (UTJ), a piece of the uterus was cut off; opened lengthwise and transverse slices were collected from the mesometrial side. The uterine part of cervixes was cut transversely and slices were divided into 4 pieces. The slices were fixed either in paraformaldehyde or in glutaraldehyde. Histological and immunohistochemical examinations were performed. A standard avidin–

biotin immunoperoxidase technique was applied to detect ER α , ER β , PR and Ki-67 proteins. The morphometric measurements and evaluation of cells with positive immunostaining for ER α , ER β , PR and Ki-67 was carried out on coded slides by the same person (M. Norrby).

2.6.2 Morphometric Analysis

In the uterine endometrium the surface epithelium, the subepithelial area of the connective tissue stroma and the endometrial glands were evaluated. In the uterine myometrium, smooth muscle cells were evaluated. In the cervix, an evaluation of the surface epithelium and the connective tissue stroma of the subepithelial area were performed.

The height of the surface epithelium was measured in both the uterus and the cervix. The uterine glands were divided into superficial and deep glands and numbers of cross-sections were counted and the diameter was measured.

In cells positive for ERs and PR the staining intensity of the cell nuclei (average of all cells) was graded as weak, moderate, or strong. Because not all cells stained positive in all compartments, the proportion of positive to negative cells was estimated at four different levels (marked A-D): low proportion (30% positive cells, A); moderate proportion (30-60% positive cells, B); high proportion (60-90% positive cells, C) and almost all cells positive (more than 90%, D). In the subepithelial stroma of the uterine endometrium and cervix, the number of clearly ER- or PR- positive cells (moderate to strong staining) per mm² was counted. The cells positive for Ki-67 in the connective tissue stroma was counted in the same manner as for the ERs and PR. In the surface epithelium and superficial glands, positive cells were counted as quantity per mm length of epithelium and per mm² of tissue. The myometrial smooth muscle cells and deep glandular cells positive for KI-67 were counted, positively stained cells per mm length (surface epithelium) and per mm² (glandular cells, stroma and myometrium).

2.7 Statistical analyses

In papers I and III the data were analysed using the SAS software version 9.2 (SAS Institute Inc., Cary, NC, USA). The repeated measurement analysis of variance (procedure MIXED) was applied to the variables (after log transformation of the data in paper III). The statistical model included the fixed effects of treatment, period, time nested within period (determined time intervals), the interaction between treatment and period,

and the random effect of animals within treatment. Least squares means were estimated and pair-wise tests of significance were performed. Data are presented as LSmeans \pm SEM. In paper II; one-way ANOVA followed by Newman-Keuls Multiple Comparison Test for multiple groups were used to compare differences between treatment groups. Data are presented as a mean \pm SEM. In paper IV, the mean of all primary variables was calculated for each animal and then analysed by Proc GLM (SAS software) giving one record per gilt. The statistical model included treatment (n=2), results are given as LSmean \pm SEM unless otherwise stated. The differences within group were estimated with ANOVA (Tukey's Multiple Comparison Test) or student's T-test in GraphPad Prism (ver. 5.02, GraphPad Software, Inc., CA, USA).

Correlations were calculated by partial correlation coefficients (paper I) and by Spearman rank correlations with data from the three first periods (paper III) or total data (paper IV). Probabilities less than 0.05 were considered significant.

3 Results

3.1 Experimental animals

Twenty-five out of the 33 sows used in Paper I became pregnant and farrowed at full term. The number of sows in each group was 8 in Boargroup, 9 in IUI-Group and 8 in AI-Group. There were no differences in the total number of piglets born per litter from the different groups. Successful insemination of the gilts was verified by counting the embryos which were in the 4-cell phase (paper III). There were no differences in the number of corpora lutea or numbers of embryos between groups.

3.2 Effects of mating or insemination (paper I and unpublished data)

3.2.1 Prostaglandin metabolite (PGFM)

Mating did not significantly change PGFM levels in the females. However, PGFM started to increase 10 min after service, first in the IUI- followed by the AI-group. The concentrations of PGFM stayed elevated in both IUI and AI-group until 50 min after service, when the last sample was withdrawn.

3.2.2 Cortisol

Before treatment (mating or insemination), concentrations of cortisol were higher in the IUI-group compared to the Boar-group. Plasma cortisol concentrations increased both during mating, AI- and IUI and stayed elevated for 7-8 min. From 10 min after service the concentrations of cortisol decreased gradually in AI- and IUI-group, whereas in the mated sows, the maximum cortisol concentration was reached 15 min after mating. Within 10 to 20 min after service, cortisol concentrations were higher in the Boar-group than in sows from the AI-group.

3.2.3 Correlations

There were no significant correlations between cortisol and PGFM concentrations in mated sows, but a significant positive correlation was noted in the AI group from -10 to +10 min and 35 to 50 minutes after AI and in the IUI-group from 1 to 4 minutes and 35 to 50 minutes.

3.2.4 Oxytocin

Due to technical problems, oxytocin was not reported at the time when Paper I was sent for publication. Once the analysis problems were solved it could be demonstrated that concentrations of oxytocin increased within 2-3 minutes after mating (Norrby *et al.*, 2008).

3.3 Effects of seminal plasma on endometrial- and cervical cells (paper II)

3.3.1 Experiment 1

The seminal plasma inhibited spontaneous production of PGFM in the collected media from porcine uterine and cervical stromal cells in a dose dependant manner (Fig 2). Seminal plasma also triggered an oxytocin release from porcine cervical stromal cells (preliminary results, Fig 3).

3.3.2 Experiment 2

The basal concentrations of PGFM in the collected media from porcine endometrial and cervical cells did not differ after 3 and 24 h incubation, respectively. The prolongation of incubation time from 3 to 24 h resulted in an increase of PGF_{2a} production in the control wells. In wells with AA supplemented, production of PGF_{2a} increased in all cells after 3 h incubation. Addition of 0.2 ml seminal plasma inhibited production of PGF_{2a} and PGFM in all cells, regardless of the time of incubation.

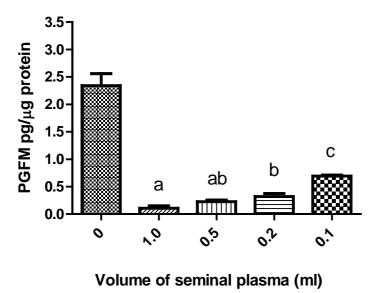


Figure 2. Concentrations of PGFM in medium from uterine stromal cells after 3 hours incubation with different volumes of seminal plasma.

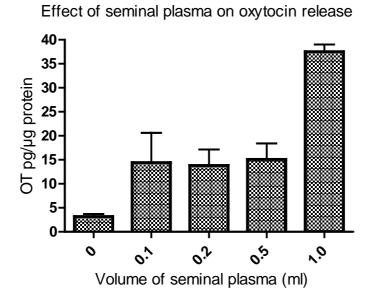


Figure 3. Concentrations of oxytocin in medium from cervical stromal cells after 3 hours incubation with different volumes of seminal plasma.

3.3.3 Experiment 3

After storage in -80°C followed by thawing, the basal concentrations of PGFM, PGF_{2a} and PGE₂ in the collected media from porcine endometrial epithelial cells were low, but increased 5.4-fold, 35.7-fold and 11.6-fold, respectively, after addition of AA and 3 h incubation. Likewise, 3 h incubation with AA added to the medium of porcine cervical stromal cells resulted in a 1.7-fold, 31.1-fold and 38.5-fold increase of PGFM, PGF_{2a} and PGE₂ production, respectively. Also in the thawed cells, seminal plasma inhibited production of PGFM, PGF_{2a} and PGE₂ in the collected media from porcine uterine and cervical stromal cells in a dose dependant manner.

After storage in -80°C both porcine endometrial epithelial and porcine cervical stromal cells supplemented with AA produced almost equal amounts of $PGF_{2\alpha}$ as fresh primary cells did during 3 h incubation.

3.4 Effects of genistein on hormonal patterns (paper III)

3.4.1 Oxytocin

Plasma oxytocin concentrations increased immediately at the beginning of AI in both groups. In the control gilts, the oxytocin concentration reached the highest value one min after the start of AI (Fig. 4). In the genistein treated gilts, the oxytocin concentration reached its peak value 4 min after the AI commenced. The oxytocin concentrations were higher in genistein gilts than in control gilts from 1 to 20 min after AI. The plasma oxytocin values in both groups had returned to the same concentrations as before AI 25 min after AI.

3.4.2 PGE₂

In the control gilts the concentrations of PGE_2 did not change during the sampling period. In the genistein treated gilts, the concentrations of PGE_2 were elevated already before AI, and increased further 15 min after AI. 60 min after AI the concentrations had return to the same values as before AI. PGE_2 concentrations were higher in genistein treated gilts than in control gilts during the whole sampling period.

$3.4.3 \text{ PGF}_{2\alpha}$

In the genistein treated gilts $PGF_{2\alpha}$ showed a pulsatile pattern with four peaks: at AI, 25 minutes, 35-40 minutes, and at 50 minutes after AI. This

pattern was not observed in the control gilts. In this group $PGF_{2\alpha}$ concentrations increased showing one peak 15 min after AI.

3.4.4 PGFM

The PGFM concentrations increased from AI until 20-25 min after AI in both groups. From 20 min after AI PGFM concentrations were higher compared with when AI commenced. No significant differences between groups were found except in samples taken at 70 min after AI, due to a faster decrease in control gilts.

3.4.5 Cortisol

The plasma cortisol concentration in genistein treated gilts decreased during the last part of the sampling period compared to concentrations before AI, no significant increase was found. The cortisol concentration in control gilts were higher 4 to 10 min after AI then during AI (Fig. 4). No significant differences between treatment groups were found.

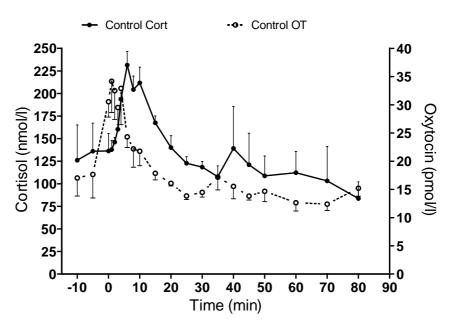


Figure 4. Concentrations of cortisol and oxytocin during AI in control gilts. Time 0 is when AI commenced.

3.4.6 Correlations

In the genistein treated gilts, several significant correlations were found, PGFM correlated positively with both oxytocin and PGE_2 and oxytocin had

a positive correlation with cortisol. In C-group, $PGF_{2\alpha}$ had a significant positive correlation with both PGFM and PGE_2 but no other significant correlations were determined. All correlations were estimated with data from all the samples from -10 to 20 min.

3.5 Effects of genistein on sex steroid receptors and KI-67 (paper IV)

There were no differences in the uterine or ovary weight between the two treatments. Neither the morphometric nor the immunohistochemical analyses detected significant differences between genistein treated gilts and control gilts. However, intra-treatment differences and correlations differed between groups.

3.5.1 Morphology

A significant negative correlation was found in genistein gilts between the height of the uterine epithelium and the number of superficial glands. In control gilts negative significant correlations were found between the number of superficial glands and the height of the narrow cervical epithelium and between the diameter of deep glands and the height of the high cervical epithelium.

3.5.2 ERα

The proportion of positively stained nuclei in the uterine surface epithelial cells was high, but the strength of the staining was low or moderate. In the uterine glands, almost all cells had stained nuclei. The staining was stronger in both superficial and deep glands when compared to the surface epithelium in both groups. The deep glands showed stronger staining than the superficial glands in control gilts but not in genistein gilts. In the nuclei of the cervical surface epithelium the proportion and strength of positively stained cells between individual gilts ranged from A to D and from weak to strong with no relation to treatment. Significant negative correlations between the intensity of stained cells in the uterine myometrium and the proportion of positively stained cells in the uterine myometrium were found in both groups. Furthermore, a significant positive correlation between the intensity of staining in cervical epithelial cells and the number of stained cells was found in genistein gilts.

3.5.3 ERβ

The proportion of positively stained nuclei in the uterine surface epithelial and glandular cells was high and the strength of the staining was moderate to strong. In the nuclei of the cervical surface epithelium the proportion and strength of positively stained cells between individual gilts ranged from A to C and from weak to strong with no relation to treatment. In blood vessels of both the uterus and the cervix the endothelial cells were positive for ER β . In genistein gilts the intensity of staining in the superficial glands was positively correlated to the intensity in deep glands. Furthermore, significant positive correlations were found between the proportion of stained cells in the uterine surface epithelium and the number of positively stained cells in the cervical surface epithelium and the number of positively stained cells in the cervical surface epithelium and the number of positively stained cells in the cervical surface epithelium and the

3.5.4 PR

The proportion of positively stained nuclei in the uterine surface epithelial cells was high and the strength of the staining was moderate to strong. In the uterine glands, almost all cells had stained nuclei. The staining was stronger in the surface epithelium compared to deep glands in both groups of gilts. Moreover, genistein gilts had stronger staining in the surface epithelial cells than in the superficial glands, and the superficial glands were more strongly stained compared with the deep glands. In the nuclei of the cervical surface epithelium the proportion and strength of positively stained cells between individual gilts ranged from A to D and from weak to strong, with no relation to treatment. In genistein gilts the number of positively stained cells in uterine subepithelial stroma was positively correlated to the number of positively stained cells in cervical subepithelial stroma.

3.5.5 Ki67

The number of stained glandular cells / mm^2 in control gilts was 2323 ± 355 for superficial glands and 1333 ± 236 for deep glands, with a tendency to have more stained cells in the superficial glands (P = 0.077). Genistein gilts had 1928 ± 324 and 1696 ± 215 positively stained cells / mm^2 in the superficial glands and deep glands, respectively. Positive correlations were found in the genistein gilts between the number of positively stained cells in the superficial glands and the stained uterine epithelial cells, between uterine myometrium and cervical epithelial cells and between uterine myometrium and cervical subepithelial stromal cells. Furthermore,

significant positive correlations between the number of positively stained cells in cervical subepithelial stromal cells and cervical epithelial cells were found.

4 Discussion

In this thesis it was confirmed that mating did not change PGFM concentrations as described earlier in sows (Madsen *et al.*, 2002) and mares (Nikolakopoulos *et al.*, 2000), whereas AI promoted markedly increased concentrations of PGFM (Madsen *et al.*, 2002; Willenburg *et al.*, 2004; Madej *et al.*, 2005). It has been customary to draw conclusions on the concentrations and release patterns of PGF_{2a} by measurements of PGFM, because PGF_{2a} is rapidly metabolized in the lungs. Pigs, however, represent an exception, with much less metabolic activity in the lungs (Davis *et al.*, 1980). When PGF_{2a} and PGE₂ were measured simultaneously with PGFM in the blood plasma from inseminated gilts interesting and unexpected patterns were revealed, which were more accentuated in gilts administered genistein.

The PGF_{2a} concentration showed one early peak during AI followed by a pulsatile release pattern in the genistein treated gilts and in control gilts one high pulse of PGF_{2a} was seen about 10 min after AI. Yet, PGFM concentrations increased in both groups with no difference between them, indicating that the first PGF_{2a} peaks (reaching about 10 times the concentration compared to PGFM) were sufficient to increase PGFM concentrations after AI. However, a common oxidoreductase (9ketoreductase) enzyme activity converts PGE₂ to PGF_{2a} as well as PGE₂ metabolite to PGFM (Bremme *et al.*, 1989; Madore *et al.*, 2003). The PGE₂ concentrations were therefore considered.

Basal levels of PGE_2 in genistein gilts were elevated compared with control animals and increased further after AI. The changes in the plasma levels of all three substances in relation to time after AI support that PGE_2 contributed to the increase in plasma PGFM concentration. The sustained elevation of PGE_2 levels and the frequent peaks in $PGF_{2\alpha}$ concentration in genistein gilts could explain why PGFM tended to remain high longer in that group than in the control group.

Both PGF_{2a} and PGE₂ act as contractile agents on the myometrium (Carsten, 1974; Willenburg *et al.*, 2004; Cao *et al.*, 2005; Mueller *et al.*, 2006) in addition to oxytocin. PGE₂ causes dose-dependent contractions in both the longitudinal and circular smooth muscles of each region in the uterus. Russe (1972) compared oxytocin and PGE₂ and reported that PGE₂ produced contractions with longer duration than oxytocin. Mueller *et al.* (2006) administered PGE₂, PGF_{2a} and oxytocin to perfused whole porcine uteri and showed that PGE₂ and oxytocin caused peristaltic waves mostly in the direction from the corpus uteri towards isthmus uteri, whereas administration of PGF_{2a} resulted in contractions from isthmus to corpus. The results from the experiments involved in this thesis do not answer if PGE₂ is synthesised during mating, but an increase of PGE₂ was seen after AI in the genistein treated gilts.

PGFM did not increase during mating and therefore it appears unlikely that mating activates $PGF_{2\alpha}$ synthesis. Rodriguez-Martinez & Kunavongkrit (1983) demonstrated that insertion of a catheter or manipulation of the vagina and cervix at surgery increased $PGF_{2\alpha}$ production and release. Therefore, the elevation of PGFM seen in intrauterine and conventionally inseminated sows could be associated with insertion of the catheter. This was also suggested by Wongtawan *et al.* (2006) who reported that cervical stimulation during intrauterine insemination triggers the release of oxytocin, but also of prostaglandins. However, cervical insertion and dilatation in mares cause an increase in plasma concentrations of oxytocin without changes in plasma PGFM concentrations (Handler *et al.*, 2003).

Plasma concentrations of oxytocin increase during mating (Claus & Schams, 1990; Madsen *et al.*, 2002; Norrby *et al.*, 2008). The concentrations of oxytocin increased to higher levels in gilts than in sows, as seen earlier (Kotwica *et al.*, 1995). Also different kinds of vaginal manipulation give a larger increase of oxytocin concentration in heifers than in cows (Schams *et al.*, 1982). This discrepancy between young and old animals could be due to stronger activation of the oxytocinergic neurons in the young animals (Kotwica *et al.*, 1995). Oxytocin has long been considered an adequate way of stimulating uterine contractility (Langendijk *et al.*, 2005). The pattern of the myometrial contractions differs depending on the stage of the oestrous cycle (Langendijk *et al.*, 2002) and is important for the movement of sperm to the fertilisation site at the ampullary-isthmic junction and later for the passage of the fertilised oocyte to the uterus (Rodriguez-Martinez *et al.*, 1982). Plasma oxytocin

levels do not increase during AI unless sows are intensively stimulated; and even then, plasma levels are not as high as during mating (Madsen *et al.*, 2002; Madej *et al.*, 2005; Norrby *et al.*, 2008). Both genistein- and control gilts were given the same degree of human stimulation, and a boar was present during AI. Thus, the increased oxytocin concentration during AI in the control group was expected, but the higher level in the genistein group was a new finding. The pattern resembled that seen during mating (Madsen *et al.*, 2002), and raised the question whether genistein can facilitate the release of oxytocin both from the hypothalamus – hypophysis as well as from cells in peripheral tissues by exerting its oestrogen-like effects.

Genistein can reach the hypothalamus and affect ER β but probably not ER α dependent gene expression (Lephart *et al.*, 2000; Patisaul *et al.*, 2002) and in mice genistein increases oxytocin mRNA expression in the paraventricular nucleus in the hypothalamus (Patisaul *et al.*, 2003). When ovariectomized Sprague Dawley rats are administered genistein subcutaneously, a two fold increase in oxytocin mRNA is observed in endothelial cells from the aorta, which is the same amplitude as when the rats are supplemented with estradiol-17b (Wang *et al.*, 2003). Porcine granulosa cells are able to secrete significant amounts of oxytocin (Sirotkin & Makarevich, 2002), and granulosa as well as luteal cells from bovine ovaries secrete oxytocin after incubation with genistein (Mlynarczuk *et al.*, 2009). Uterine myometrial cells have been shown to produce oxytocin (Hu *et al.*, 2001) and our results indicate that cervical stromal cells start producing oxytocin when seminal plasma was added to the culture medium (Madej *et al.*, 2008).

Oestrogens act synergistic with oxytocin to support uterine contractility in perfused porcine uteri (Maltaris *et al.*, 2006) and oxytocin itself causes uterine contractions, and acts indirectly by stimulating prostaglandin release in bovine epithelial cells (Asselin *et al.*, 1997). Genistein modifies uterine cell activity probably by its oestrogen-like effect, which could enhance the effects of oxytocin (Wrobel & Kotwica, 2007), or PGE₂ and PGF_{2a} (Cao *et al.*, 2005). The accumulated evidence therefore supports the idea that the dietary administration of genistein to the gilts in all probability activated oestrogen-like effects both centrally and peripherally facilitating oxytocin-release during AI in the gilts studied in this thesis.

The high plasma concentrations of oxytocin in genistein gilts were followed by further elevation of the already increased plasma PGE_2 levels and several high peaks in plasma $PGF_{2\alpha}$ concentration. In bovine endometrial epithelial cells, both PGE_2 and $PGF_{2\alpha}$ increase with amplified doses of oxytocin at the time of luteolysis, $PGF_{2\alpha}$ increasing more rapidly than PGE_2 with higher doses of oxytocin (Asselin *et al.*, 1997) indicating dose-dependent effects of oxytocin in vitro. Similarly, oxytocin stimulates porcine endometrial cells as well as myometrial cells to produce $PGF_{2\alpha}$ at 15-days post-oestrus (Whiteaker *et al.*, 1994; Uzumcu *et al.*, 1998; Franczak *et al.*, 2004). This oxytocin-induced release of $PGF_{2\alpha}$ appears to be primed by decreasing concentrations of progesterone and increasing concentrations of oestrogen (Edgerton *et al.*, 2000). However, it is not known if the endometrial cells respond similarly during oestrus, but it would be interesting to investigate because progesterone levels are low and oestrogen levels are high also in that phase.

In bovine cervical cells, PGE_2 has eight times higher basal concentration than $PGF_{2\alpha}$ and is doubled when challenged with oxytocin during oestrus. The basal production of $PGF_{2\alpha}$ in the cervical cells, on the other hand, is minimal during oestrus and post-oestrus, and oxytocin has no effect on $PGF_{2\alpha}$ production (Shemesh *et al.*, 1997). The high oxytocin levels in the genistein group were followed by increased plasma PGE_2 concentration, but PGE_2 was low and unchanged among controls. If there is a cause-effect relationship it could be suggested that plasma oxytocin concentration in the control group was not high enough to stimulate PGE_2 secretion.

Cortisol concentrations became higher in mated sows than in sows conventionally inseminated. It is known that mating in gilts results in a rise in plasma cortisol levels with a duration of approximately 30 min (Kotwica *et al.*, 2002). A transient increase in plasma concentrations of cortisol was also seen in oestrous gilts after the introduction of the boar but not in gilts during the back pressure test (Turner *et al.*, 1998). Macaulay *et al.* (1986) reported that in heifers an increase in plasma cortisol after mating was higher than after AI, with peaks after 15 and 60 minutes respectively. The increased plasma cortisol levels could be due to excitement and mild stress and probably also to the increased concentrations of oxytocin during AI of gilts. Some support to the latter idea can be found in an article by Kotwica *et al.* (2002) showing that oxytocin administered *i.v.* to gilts results in increased cortisol concentrations. Furthermore, corticotrophin releasing hormone (CRH) mRNA has been located in porcine PVN (Vellucci & Parrott, 1998) which could indicate a simultaneous release pattern.

Cortisol metabolism and differential regulation can occur in different peripheral target tissues (Tomlinson & Stewart, 2001). Lee *et al.* (2007) showed that cortisol inhibits TNF α -stimulated PGE₂ and PGF_{2 α} as well as basal PGF_{2 α} production in uterine stromal cells. Interestingly, cortisol does not affect PGE_2 production in stromal cells, nor oxytocin-stimulated prostaglandin production in epithelial cells. Since the endometrium consists of many more stromal than epithelial cells, cortisol-inhibited $PGF_{2\alpha}$ production could be of physiological relevance.

Taken together, the results in this thesis support findings by others that the oestrogen-like activity of genistein facilitates the release of oxytocin and also prostaglandins. Boar seminal plasma holds huge amounts of oestrogens and infusions of oestrogens activate prostaglandin synthesis in the pig uterus (Claus et al., 1987; Claus et al., 1990). In view of the findings presented above, increased prostaglandin synthesis should be seen during mating. This did not happen, but experiments in conscious animals offered no explanation. The in vitro experiments, however, provided an indication. Thus, incubation with boar seminal plasma inhibited production of $PGF_{2\alpha}$, PGE_2 and PGFM from porcine endometrial and cervical cells in a dose dependent pattern, whereas production of oxytocin from cervical stromal cells was increased (Madej et al., 2008). Furthermore, for the first time, to our knowledge, porcine primary endometrial and cervical cells were shown to produce PGFM, prostaglandins $F_{2\alpha}$ and E_2 after freezing, long-term storage at -80° C and thawing. The basal production of PGF_{2a} and PGE_2 from thawed cells were low, but the addition of AA to the medium increased production of these prostaglandins during 3 h incubation to almost the same level as that seen in fresh cells. The overall results from these in vitro studies show that some factor(s) in the seminal plasma inhibited prostaglandin synthesis. Whether such unknown factors belong to the spermadhesins family of proteins (Sanz et al., 1993; Caballero et al., 2009) needs further investigation.

The marked effect of genistein on hormonal responses during oestrus made it even more interesting to investigate if genistein affected the sex steroid receptors, because the steroid pattern is fundamental for normal reproduction. This was even more exciting because the presence of ER β mRNA had been confirmed (Sukjumlong *et al.*, 2009) but the protein not yet localized in the early pregnant pig.

The monoclonal ER β specific antibody employed in our study was used to demonstrate ER β localization in porcine skeletal muscle (Kalbe *et al.*, 2007). These authors had uterine tissue as a positive control and reported nuclear staining in surface and glandular epithelial cells but no other details. Knapczyk *et al.* (2008) showed staining for ER β in the stromal cells and luminal epithelium of aglandular uterus from foetal porcine reproductive tissues and ER β mRNA has been detected in adult pig uterine tissue as well (Sukjumlong *et al.*, 2009). Both ER α and ER β were present in all compartments of the uterus and cervix except in the endothelial cells of blood vessels where only $ER\beta$ was detected. In rats $ER\beta$ immunoreactivity were confined to the glandular epithelium according to Hiroi et al. (1999) but Wang et al. (1999) describes ERß immunoreactivity in the same uterine compartments as in the present study. Several authors have localised ERa immunohistochemically in the adult porcine uterus and (Sukiumlong et al.. 2003; Sukiumlong et al.. 2004; cervix Srisuwatanasagul et al., 2010).

The semi-quantitative image analysis of PR, ER α , ER β and KI-67 showed no significant differences between control and genistein gilts. However, intra-treatment evaluations and correlations indicate that genistein modulated the expression pattern of all three receptors and may have induced subtle morphological changes in both the uterus and cervix. The number of KI-67 positive cells in the cervical subepithelial stroma correlated with the number in the cervical epithelium. In a similar fashion, the number of positively stained cervical subepithelial stromal cells positive for ER α and ER β correlated with the intensity of stained cervical surface epithelium positive for each receptor. For PR a positive correlation was found between the number of positively stained cervical and uterine subepithelial stromal cells. The involvement of stromal cells in many of the correlations is interesting since many events in the endometrium are controlled by the subepithelial stroma. Breeveld-Dwarkasing et al. (2002) hypothesised that the cervical epithelial function of the cow is controlled in a paracrine fashion via the action of steroid hormones on receptors located in stromal cells, as shown in the rat uterus (Kurita et al., 2000). It may therefore be plausible to suggest that genistein initiates cell activities which affect all compartments in both the uterus and the cervix, except the cervical myometrium which was not evaluated due to technical difficulties. If these subtle effects influence reproductive outcome in pigs remains to be investigated but, at least in this experiment, fertility was not affected.

The staining for PR in the surface epithelium confirms earlier studies in gilts (Geisert *et al.*, 1994) and sows (Sukjumlong *et al.*, 2005). In the genistein group, the staining was strongest in the surface epithelium, weaker in superficial glands and weakest in deep glands, which is in line with previous observations in early pregnant sows (Sukjumlong *et al.*, 2005). Because the sows in that study were fed according to the Swedish standard it is likely that they had consumed about the same amount of genistein as the gilts in the present study.

The morphology of the uterus in both groups is in agreement with data collected from conventionally fed gilts during metoestrus (Schnurrbusch &

Erices, 1979). In earlier studies of ovariectomized gilts, genistein supplementation stimulated the development of the uterus resulting in both increased uterine wet weight and surface epithelial height (Ford *et al.*, 2006). The dose was, however, 40 % higher than in our study and was given on top of a diet already containing soy and to animals lacking endogenous oestrogen.

5 Conclusions

- Natural mating of the female pig, when compared to artificial insemination, resulted in hormonal responses with profound differences regarding PGFM, oxytocin and cortisol.
- In vitro experiments provided new evidence suggesting that the difference in PGFM pattern seen after mating was due to seminal plasma inhibition of prostaglandin secretion by cells in the uterus and cervix.
- Sensitive of the sensitive of PGF₂ and PGE₂ levels and almost doubled plasma oxytocin in gilts after AI, when compared to animals on a phytooestrogen-free diet. High plasma oxytocin and PGE₂ levels are considered to influence myometrial contractions in a favourable direction, in contrast to PGF₂. Since genistein also induced a pulsatile release pattern of PGF₂, compared to a transient short-lasting peak in control gilts, the overall effect on the myometrium is hard to predict.
- Mating increased plasma oxytocin concentration immediately followed by cortisol elevations. This pattern is seen during AI as well and indicates that oxytocin and cortisol are linked and react to the activation of all senses in the female during the procedures. Corticotrophic releasing hormone has been localized in the same nuclei as oxytocin in the hypothalamus of pigs, which gives some support to that idea.
- Although genistein administration resulted in profound differences in certain hormone patterns only subtle changes in steroid receptor expression and morphology were found in the uterus and cervix of exposed gilts.

6 Points of interest for future research

Some intriguing observations were made in this thesis, which would be interesting to follow further. The role of the seminal plasma is touched upon, but there are many components of the seminal plasma which could affect fertilization. Introducing seminal plasma and spermatozoa into the female reproductive tract alerts the immune system.

The in vitro experiments revealed that the endometrial cells themselves produced cytokine IL-6 during a period of 3 hours of incubation with seminal plasma. This finding seemed paradoxical because seminal plasma has abundant amounts of oestrogen, which is considered to be an inhibitor of IL-6 (Girasole *et al.*, 1999). After 24 h incubation with seminal plasma, IL-6 production was no longer elevated. The cells may therefore have responded to seminal plasma with an acute immune response, but after 24 h the oestrogens had inhibited IL-6 production. TNF α , is another factor of the immune system and that factor has been shown to increase the synthesis of PGF_{2 α} in endometrial cells between day 13 and 15, (Blitek & Ziecik, 2006), *i.e.* the stage in the oestrous cycle when PGF_{2 α} causes luteolysis. When TNF α was added to the cells in our study, the PGF_{2 α} concentration in the culture medium took 24 h incubation to increase. Adding seminal plasma to the cells blocked the response, supporting the hypothesis that mating causes no increase in prostaglandin synthesis.

It was discovered early that mating shortens the time to ovulation (Signoret *et al.*, 1972), probably through seminal plasma induced cytokines (Waberski *et al.*, 2006). Transcervical insemination of seminal plasma shortens the oestrus-ovulation interval by up to 10 hours (Waberski *et al.*, 1995) without influencing the LH profile (Waberski *et al.*, 1997), indicating a local effect in the uterus. It appears that cytokines have specific effects at different phases of the oestrous cycle, which is an interesting and wide field to explore.

Although one fundamental difference between mating and AI has been clarified in this thesis, the question remains: why is prostaglandin synthesis stimulated during AI and not during mating, which is the "natural" procedure. What is the "boar effect"? Although the difference is small, there are indications that AI cannot fully replace the boar (Tummaruk *et al.*, 2000; Gerritsen *et al.*, 2005). During mating all senses of the female are alerted, but at present it has not been possible to discriminate between different senses, such as smelling, hearing, or seeing, the dilatation and massage of the cervical canal, and deposition of the ejaculate. Further studies along these lines would be interesting.

Genistein is only one of the phytooestrogens in soya. Are all substances acting similarly? Is the full potential of adding soya to the diet utilised? Further basic studies of interactions between phytooestrogens and the hormones and their receptors involved in reproduction seem desirable. In such experiments also the oxytocin and prostaglandin receptors should be included. The next step could be a full-scale experiment starting with gilts on soya-free vs. soya diet and follow them at the different stages during several parities with evaluation of reproductive performance.

However, in the near future my wish is to combine what I have learnt during my thesis and work with the biotechnology techniques (epigenetic and proteomic) I had the great fortune to touch upon during my stay in Canada. This would be to investigate the activity of the immune system and interleukins during the peri-implantation and implantation periods.

7 Populärvetenskaplig sammanfattning

En förutsättning för goda reproduktionsresultat inom grisproduktionen är att hongrisen visar brunst och att hennes brunstcykel är normal. Under brunsten visar hongrisen s.k. ståreflex då hon tillåter galten att betäcka eller artificiell insemination. Brunstcykeln styrs av ett samspel mellan hypothalamus, hypofys, äggstockar och livmoder. Två hormoner från hypofysen, follikel stimulerande hormon (FSH) och luteiniserande hormon (LH) påverkar äggblåsor (folliklar) i äggstocken att producera östrogen. Höga koncentrationer av östrogen startar brunsten och hongrisen tillåter betäckning eller inseminering. Både vid betäckning och artificiell insemination deponeras sädesvätskan livmoderhalsen och i muskelkontraktioner i livmodern förflyttar spermierna till äggledaren. Muskelkontraktionerna i livmodern styrs bland annat av oxytocin som frisätts under betäckningen. Strax efter brunstens början sker en dramatisk central frisättning av LH till blodet som får follikeln att spricka och ägget fångas upp av äggledaren. Follikelcellerna omvandlas till gulkroppsceller som producerar dräktighetsbevarande hormon (progesteron). Brunstens första dag brukar räknas som brunstcykelns första dag och en brunstcykel hos suggor är ungefär 21 dagar.

Om äggen blir befruktade kommer progesteronkoncentrationen att bibehållas på en hög nivå och dräktigheten fortgår. Skulle hongrisen inte vara dräktig kommer livmodern att frisätta prostaglandin $F_{2\alpha}$ som bryter ned gulkroppen. Därmed upphör progesteronproduktionen vilket gör att en ny cykel startar.

Grisproduktionen har i stora delar av världen gått från småskalig produktion till industriliknande storskaliga produktionscentra. Detta har bland annat inneburit att naturlig betäckning alltmer ersatts av artificiell insemination. Under de senaste 25 åren har antalet suggor per galt ökat med ~300 % (enl. SCB). Detta har underlättat aveln och resulterat i större kullar och snabbare växande smågrisar. Det finns dock mycket lite information om fysiologiska skillnader mellan betäckning och artificiell inseminering hos hongrisen. Det finns tre större studier där kullstorlek jämförts efter artificiell insemination och naturlig betäckning. Studierna visar större kullar efter naturlig betäckning. En väsentlig skillnad mellan betäckning med galt och artificiell insemination är att seminalplasman är mycket utspädd i det senare fallet. Det har också rapporterats att det förekommer hormonella skillnader mellan betäckning och inseminering. Framförallt diskuteras hormonerna oxytocin, kortisol och familjen prostaglandiner.

För att kartlägga eventuella hormonella skillnader mellan betäckning och inseminering utfördes ett försök med suggor där en grupp inseminerades med galt närvarande och en grupp betäcktes. Blodprov togs med täta mellanrum under betäckningen respektive insemineringen och en knapp timme framåt. Koncentrationen av kortisol, oxytocin och prostaglandin $F_{2\alpha}$ metabolit analyserades i blodplasman. Prostaglandin $F_{2\alpha}$ metaboliseras mycket snabbt och därför analyserades dess mycket stabilare metabolit (PGFM). Kort tid (10-20 min) efter betäckning hade dessa suggor högre halt av kortisol i blodet jämfört med de artificiellt inseminerade djuren. Naturlig betäckning påverkade dock koncentrationen av PGFM, vilket artificiell inseminering gjorde. De inseminerade suggorna fick en 3-faldig ökning av PGFM 10 minuter efter inseminationen, en ökning som höll i sig under hela provtagningsperioden. Det betyder att de inseminerade suggorna hade en högre produktion av prostaglandin $F_{2\alpha}$ än de suggor som betäckts. Prostaglandiner påverkar livmoderns muskelkontraktioner, som förflyttar spermierna mot ägget, vilket i sin tur kan inverka på dräktighetsresultatet. Vid utvärdering av vad som skilier mellan insemination och betäckning, utom det rent mekaniska, är den kraftigt utspädda seminalplasman en central skillnad. Detta antagande ledde till ett nytt försök.

I denna studie användes odlade celler från livmoder och livmoderhals från könsmogna gyltor. Dessa celler producerade spontant prostaglandin $F_{2\alpha}$, dess metabolit samt prostaglandin E_2 i mediet där de odlades. När seminalplasma tillsattes i ökande doser till cellodlingen minskade produktionen av prostaglandin $F_{2\alpha}$ och E_2 i ett dosberoende mönster, för att slutligen upphöra helt. Teoretiskt skulle alltså avsaknaden av seminalplasma kunna vara skälet till de förhöjda koncentrationerna av prostaglandin $F_{2\alpha}$ -metabolit i de inseminerade suggorna i försök ett.

Soja är ett vanligt proteinfodermedel till grisar. I soja, och en rad andra växter, finns ämnen som kan härma hormonet östrogen. Dessa ämnen

kallas med ett gemensamt namn för växtöstrogener. Genistein, daidzein och formonetin är exempel på vanliga växtöstrogener och genistein är ett av de mest östrogenaktiva. Trots att soja rutinmässigt används i grisfoder hur växtöstrogenerna vet man mycket lite om påverkar reproduktionsorganen och de cykliska processer som är viktiga för god fruktsamhet. Det är dock sedan länge känt att vissa växtöstogener påverkar syntesen av prostaglandiner. Vi ville därför undersöka om ett av dem, genistein, påverkade prostaglandinerna i samband med artificiell insemination hos hongrisar. Dessutom ville vi undersöka om den östrogenliknande effekten av genistein påverkade uttrycket av östrogenoch progesteronreceptorerna samt vävnadens struktur i livmoder och livmoderhals hos samma grisar.

För detta försök rekryterades ett antal gyltor under sin första brunst. Redan då påbörjades utfodring med ett foder fritt från växtöstrogener. Ungefär 3 dagar innan andra brunst sattes en permanentkateter för blodprovstagning in i jugularvenen. Gyltorna delades in i två grupper och placerades i ensamboxar. Den ena gruppen fick genistein i samband med utfodringen, den andra gruppen fick samma foder men inget genistein. Dosen av genistein motsvarande den dos djuren kan få vid normal utfodring med ett kommersiellt grisfoder. Ett dygn efter första tecken på stående brunst inseminerades gyltorna (i direkt närhet till galt). Under inseminering och knappt en och en halv timme efter togs upprepade blodprov. I detta försök analyserades koncentrationen av prostaglandin $F_{2\alpha}$. Dessutom analyserades kortisol och oxytocin.

Hos gyltor som fått genistein ökade frisättningen pulsartat av prostaglandin $F_{2\alpha}$ under insemination. Dessutom var den basala koncentrationen av prostaglandin E_2 förhöjd och oxytocin blev nästan dubbelt så hög. Både oxytocin och prostaglandin E_2 anses påverka muskelkontraktionerna i livmodern på ett sätt som främjar befruktning, i motsats till prostaglandin $F_{2\alpha}$. Därigenom är det svårt att dra några slutsatser om de totala effekterna på livmodern av genistein.

För att kunna konstatera att gyltorna blivit befruktade avlivades de först efter tre dagar. Då togs reproduktionsorganen ut för undersökning och antalet embryon räknades. Alla grisarna var dräktiga och det var ingen skillnad mellan grupperna i antalet embryon. Vävnad från livmoder och livmoderhals preparerades därefter för mikroskopisk analys och för att möjliggöra detektion av de två olika östrogenreceptorerna ER α och ER β samt progestronreceptor. Dessutom undersöktes distributionen av Ki-67, en proliferationsfaktor som finns närvarande i celler under celldelning. Alla tre receptorerna fanns i de olika vävnadsstrukturer som undersöktes. Detta var första gången östrogenreceptor β lokaliserades i livmoder och livmoderhals på gyltor. Utfodring med genistein påverkade inte lokalisationen av receptorerna eller mängden celldelningar i någon större omfattning, men deras uttryck i olika cellager föreföll bättre korrelerade i gyltor som fått genistein.

Sammanfattningsvis visar denna avhandling att det finns skillnader i frisättningen av hormonerna prostaglandin, oxytocin och kortisol mellan suggor som antingen inseminerats artificiellt eller betäckts av en galt. En av orsakerna till dessa skillnader är troligen att den seminalplasma som galten levererar vid betäckning, men som till största del avlägsnats i semindosen, motverkar bildningen av åtminstone prostaglandiner. Avhandlingen visar också att en foderrelevant dos av växtöstrogenet genistein, som finns i sojabönor, både ökar och förändrar mönstret av prostaglandiner samt ökar bildningen av oxytocin i samband med artificiell insemination. Däremot påverkas inte livmodern eller livmoderhalsen nämnvärt av genistein och inte heller antalet befruktade embryon.

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