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1	Filter paper is a simple and cost-effective transport medium for serological diagnosis of Peste des
2	petits ruminants
3	
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24	
25	Conflict of interest
26	The authors declare that they have no conflict of interest.

# 28 Abstract

29 Peste des petits ruminants (PPR) is a highly contagious disease caused by peste-des-30 petits-ruminants virus. Following the successful eradication of the related rinderpest virus, a program to 31 control and eradicate PPR was launched by the FAO and OIE. PPR is today present in many tropical 32 countries where maintaining the cold chain for sample transportation is one of the major barriers for 33 timely processing. Transport of samples on filter paper is a simple and cost-effective method, however 34 validation and optimization is required to fully adapt this approach. The objective of this study was to 35 evaluate and validate the use of filter paper in serological diagnosis of PPR. Blood samples (serum and 36 filter paper) were collected from sheep and goats in both Tanzania and Pakistan and analysed using a 37 PPRV-specific cELISA. The positive proportion was 10.7 % in Tanzania and 80 % in Pakistan when 38 performing the analysis on serum. These results were then considered as reference and compared to the 39 results from the filter papers analysed by the same cELISA. According to the statistical analysis the cut-40 off for a positive results for samples stored on filter paper was adjusted from < 50 % competition 41 percentage to < 84 % in Tanzania and to < 69 % in Pakistan.

42 These results demonstrate that filter papers are an acceptable and cost-effective transport method of43 whole blood samples for later use in serological analysis.

44

### 45 Key words

46 Peste des petits ruminants, serological diagnosis, filter papers, transport, Tanzania, Pakistan

47

### 48 Introduction

49 Peste des petits ruminants (PPR) is a highly contagious and deadly disease caused by the 50 peste-des-petits-ruminants virus (PPRV) (Gibbs et al., 1979, ICTV, 2016). The main hosts are sheep 51 and goats, however disease in wild small ruminants and camels has also been reported (Abubakar et al., 52 2011, Aguilar et al., 2018, Mahapatra et al., 2015, Khalafalla et al., 2010). Clinical signs related to PPR 53 include a high fever, ocular and nasal discharge, necrotic lesions in mucous membranes, pneumonia, 54 diarrhoea, immunosuppression, and a high case fatality rate (up to 90%) in an epidemic setting (Torsson 55 et al., 2016). Following the successful eradication of a related morbillivirus, rinderpest virus (Roeder et al., 2013, Gibbs et al., 1979), the Food and Agricultural Organization of the United Nations (FAO) and
the World Animal Health Organization (OIE) have launched a program to control and eradicate PPR
(FAO, 2015).

59 Our understanding on the PPRV epidemiology has increased significantly in the last 60 years, however continued monitoring and strict biosecurity measures would underline the success of the 61 eradication program. Peste-des-petits-ruminants virus is currently present in north, central, east, and 62 west Africa, the Middle East and parts of Asia (OIE, 2016). Many of these are tropical countries where 63 maintaining the cold chain for sample transportation is one of the major barriers for timely processing 64 of samples (FAO, 2013). Filter paper as a mode of sample collection and transport has been suggested 65 previously (Michaud et al., 2007, Matheus et al., 2015, Randriamparany et al., 2016). For PPR, filter 66 paper has been proposed for long-term storage followed by detection and genotyping using PCR 67 (Michaud et al., 2007), but has not yet been studied in serological diagnosis. Transport of samples on 68 filter paper is a simple and cost-effective method, however more robust validation and optimization is 69 required to fully adapt this simple and cost-effective approach (Hopkins et al., 1998). The objective of 70 this study was to evaluate the use of filter paper, in comparison to serum, in serological diagnosis of 71 PPR using the OIE suggested competitive enzyme linked immunosorbent assay (cELISA) (Libeau et 72 al., 1995). We use two different kinds of filter paper, the Nobuto Filter Strips and, an even less expensive 73 alternative, chromatography paper. The filter papers were optimized and validated on clinical samples.

74

75 Materials and methods

#### 76 Sample collection

## 77 Tanzania

Sample collection was performed during June-July in 2015 in two districts (Kilombero and
Ulanga) in the Morogoro region (Torsson et al., 2017). This region was selected due to previous reports
of presence of PPR (Kgotlele et al., 2014, Misinzo et al., 2015). Ethical approval was received from the
Research Animal Council at the Swedish University of Agricultural Sciences (SLU ua 2017.1.1.1-1881).
Blood samples were collected from domestic sheep and goats, between the ages 3-12 month, from herds
of different sizes. Each animal was sampled in triplicate: serum in collection tubes using a vacutainer

84 system (BD Biosciences), and two different types of filter paper: Nobuto Filter Strips (NFS) (Advantec, 85 Dublin, CA, United States) and a chromatography paper (CP) (grade FN 100, weight 195 g/m<sup>2</sup>, thickness 86 0.35 mm, capillary rise 115) (Sartorius AG, Goettingen, Germany). The CP was delivered in sheets 87 (260\*410 mm) and prior to sample collection the sheet was cut into pieces similar in size to the Nobuto 88 Filter strips, approximately 10\*50 mm.

89 Blood was collected from the jugular vein using sterile needles and vacutainer tubes without 90 additives (BD vacutainer, Plymouth, UK). Tubes were then opened and the two different filter papers 91 were inserted and allowed to soak in whole blood until about half of the paper was saturated with blood. 92 Filter papers were left to dry in a standing position, away from direct sunlight and at ambient temperature 93 (at sampling this was around 29-35°C). When dry, filter papers were stored separately, wrapped in a 94 paper envelope, at room temperature (20-28°C). Whole blood was left to coagulate and separate in a 95 vertical position in a cool box. After separation, the serum was transferred to cryotubes and stored at -96 45°C until analysis.

97 Pakistan

98 Sample collection was performed during October-November in 2015 in the Punjab province. 99 Blood was collected from goats from the jugular vein using sterile needles and vacutainer tubes without 100 additives (BD vacutainer, Plymouth, UK). In Pakistan only the Nobuto filter strips were used for sample 101 collection. Filter strips were inserted into the vacutainer tube and the narrow part of the strip was allowed 102 to saturate with whole blood. Filter strips were dried in a standing position in room temperature away 103 from direct sunlight. When dry, the filter papers were labelled and sent to National Veterinary 104 Laboratory (NVL), Islamabad, via post. The corresponding serum samples were transported to NVL on 105 ice.

106

# Preparation of filter papers and serological analysis

107 All samples were analysed with ID screen PPR competition ELISA (sensitivity 94.5 %, 108 specificity 99.4 %; ID.Vet, Grabels, France), which is based on the recombinant nucleoprotein of PPRV 109 (Libeau et al., 1995). Serum was analysed according to manufacturer's instructions. Briefly the analysis 110 was performed as following: to a 96-well plate, pre-coated with recombinant PPRV nucleoprotein, 25µl 111 of sample was added and incubated for 45 minutes at 37°C. The plate was then washed 3 times before adding the conjugate (100 $\mu$ l/well), followed by 30 minutes of incubation at 21°C. The wash was repeated and 100 $\mu$ l/well of substrate solution was added and incubated for 15 minutes at room temperature. As a last step, 100 $\mu$ l/well of stop solution was added to stop the reaction. Plates were read at 450 nm.

116 The dried filter papers were prepared as following before use in the cELISA: From each filter 117 paper a piece of approximately 75 mm<sup>2</sup> was cut. This piece was then cut into 5-8 smaller pieces and 118 added to 150  $\mu$ l of ELISA dilution buffer and incubated for 1 hour in room temperature. After 119 incubation, 50  $\mu$ l of this solution was used in each well, which was otherwise performed in the same 120 way as the serum samples.

121 Statistical analysis

122 The results from the serological assays performed on the filter papers were compared to the 123 assays performed on serum, which was considered as the gold standard. A few serological results were 124 between competition percentages 50-60, which according to the manufacturer are considered as doubtful 125 results. These results were considered as negative in the statistical analyses. All statistical analyses were 126 done in the statistical software R, version 3.2.2. (R Core Team, 2015). Cohen's Kappa was used to 127 calculate agreement between serum and filter paper assays. Agreement of results was further studied 128 using Bland-Altman plots, with the results from analysis on serum samples considered as the reference. 129 The dots in the Bland-Altman plot represents the difference between the measurements (serum vs. the 130 filter paper of each individual sample) on the y-axis and the average of the measurements on the x-axis 131 (Bland and Altman, 1999). In other words, the difference of the measurements is plotted against the 132 mean of the measurements and the coloured lines represents the mean difference. If the two tests were 133 to give the same results, all the dots would be centred around 0 on the y-axis (marked by the black 134 horizontal line) and the coloured line would overlap with the black line. Plots were produced using the 135 blandr-package (Datta, 2017). Receiver operating characteristic curve (ROC-curve) and Precision-136 Recall curve (PRC) was produced by the *precrec*-package (Saito and Rehmsmeier, 2017). The *pROC*-137 package was used to find the adjusted cut-off, including sensitivity and specificity, for filter paper assays 138 (Robin et al., 2011). Sensitivity and specificity were given the same weight when evaluating the adjusted 139 cut-off value.

140

#### 141 **Results**

In Tanzania, 32 sheep and 164 goats were sampled, and in Pakistan, 60 goats were sampled. Of the 196 animals sampled in Tanzania, 21 animals (10.7 %) were seropositive for PPRV antibodies according to the ELISA on serum samples. When performing the ELISA using whole blood stored on either NBS or CP, 11 samples (5.6 %) were positive when using the suggested < 50 % cut-off (Table 1A and 1B). In Pakistan, 48 animals (80 %) were seropositive according to assay on serum samples, and 40 animals (66.7 %) were positive on assay on NFS (Table 1C).

148 The Bland-Altman plots indicate a systematic difference between the methods that is 149 comparable all over the test result interval (Figure 1A-C). To find an adjusted cut-off for the analysis 150 on the different kinds of filter papers a ROC-curve analysis was used (Figure 2 and 3). The ROC-curve 151 for the NFS in Tanzania had an area under the curve (AUC) of 0.988, where an AUC of 1 indicates a 152 perfect fit. The adjusted cut-off value for a positive sample was calculated to be < 84.6 % (instead of < 153 50 %) (Figure 2A), which would give a sensitivity of 95.2 % (95 % CI 85.7;100) and a specificity of 154 97.2 % (95 % CI 94.4;99.4) for the NFS saturated with whole blood. Cohen's kappa for the NFS first 155 using the <50 % cut-off was 0.66 (0.47-0.85). When adjusting the cut-off to 84.6 %, Cohen's kappa was 156 improved to 0.85 (0.74-0.97) (Table 2). The ROC-curve for the CP had an AUC of 0.983 and an adjusted 157 cut-off of < 84.3 %, sensitivity of 90.5 % (95 % CI 76.2;100), and specificity of 99.4 % (95 % CI 158 98.3;100) (Figure 2A). Cohen's kappa for the cut-off < 50 % was 0.62 (0.42-0.82) and on the adjusted 159 cut-off (< 84.3 %) was improved to 0.92 (0.83 - 1) (Table 2). Due to the data being unbalanced (with a 160 higher ratio of negative results compared to positive results) the performance of the filter papers were 161 further evaluated using a PRC (Figure 2B). The PRC gives the precision (equal to the positive predictive 162 value, PPV) for all values of recall (equal to the sensitivity of the test). A perfect test would have a 163 precision and recall of 1 and form a 90° angle in the right upper corner of the graph and an AUC of 1. 164 Our test shows an excellent performance level both on NFS (AUC 0.938) and CP (AUC 0.925) (Saito 165 and Rehmsmeier, 2015).

166 The results from the samples from Pakistan were analysed accordingly. The ROC-curve had 167 an AUC of 0.996 and a new cut-off of < 69.0 % (Figure 3A). This new cut-off had a sensitivity of 97.9 % (95 % CI 93.8;100) and a specificity of 100 % (95 % CI 100;100). The un-adjusted Cohen's kappa
was calculated to be 0.77 (0.58-0.96), and with the adjusted cut-off (< 69 %) improved to 0.95 (0.85-1)</li>
(Table 3). The results in Pakistan were also unbalanced, however with a higher ratio of positive animals
compared to negative results, giving both very high precision and recall in the PRC (AUC 0.999) (Figure 3B).

173

# 174 **Discussion**

175 Since it was first described in 1942 (Gargadennec and Lalanne, 1942), Peste des petits 176 ruminants (PPR) has spread to most of Africa and Asia. These areas hold the majority of the world's 177 sheep and goat population, with an estimated 1.7 billion animals at risk (FAO, 2015). One of the major 178 obstacles for the control and eradication of PPR is the transport of samples from remote areas to 179 laboratory facilities for testing. Especially the cold chain can be difficult to maintain, which is important 180 to preserve the sample and prevent the proteins to degrade. Here we used filter papers as a highly cost-181 effective method for transport of whole blood samples. Furthermore we have optimized the use of these 182 papers in a cELISA for serological diagnosis of PPR (Libeau et al., 1995). The filter papers performed 183 well in the analysis when compared to the results from corresponding serum samples tested in the same 184 cELISA. The AUC of the ROC curve was > 0.98 in all three examples (Figure 2A and 3A), which is 185 considered as an excellent accuracy of the test (Fawcett, 2006). ROC curves can however be misleading 186 when used on unbalanced data (data with a higher proportion of either negative or positive results), and 187 PRC was therefore produced as a complement (Figure 2B and 3B). In a PRC it is possible to see the 188 precision (equal to the positive predictive value, PPV) for all values of recall (equal to the sensitivity of 189 the test). The sensitivity values are plotted along the x-axis and the PPV along the y-axis. A perfect test 190 would have a precision and recall of 1 and form a  $90^{\circ}$  angle in the right upper corner of the graph, and 191 an AUC of 1, our three tests scored an AUC between 0.925 - 0.999. Additionally, Cohen's kappa was 192 used to measure the agreement between results from analysis performed on serum and analysis 193 performed on filter papers. Before adjusting the cut-off, Cohen's kappa for NFS was 0.66 in Tanzania, 194 0.77 in Pakistan, and for CP in Tanzania it was 0.62. These values are considered as a moderate to 195 substantial agreement (McHugh, 2012). When adjusting the cut-off and re-calculating Cohen's kappa

196 values they were raised to 0.85, 0.95, and 0.92, respectively, which are considered a near perfect 197 agreement (a value of 1 is seen as a perfect agreement) (McHugh, 2012). This demonstrates how 198 important it is to adjust the cut-off when using filter papers instead of serum in the analysis.

199

Sensitivity and specificity were over 90 % in all examples when the cut-off value for a positive 200 result was adjusted. The NFS gave a higher sensitivity and specificity in both countries (Tanzania: 95.2 201 % and 97.2 %, Pakistan: 97.9 % and 100 %) compared to the CP used in Tanzania (90.5 % and 99.4 %). 202 The NFS have been optimized for transport and storage of clinical samples and is expected to perform 203 better, however the CP is much cheaper (around 30 times less per sample when using the CP in 10\*50 204 mm pieces). The CP still performed satisfactory, so therefore we consider it a possible option in 205 circumstances where budget is an issue.

206 The adjusted cut-off differed between the two countries: in Tanzania (NFS) it was adjusted to 207 84.6 % and in Pakistan to 69.0 %. This is due to the higher positive proportion in Pakistan, 80.0 % 208 versus 10.7 % in Tanzania. Previous studies in Tanzania have found a similar or slightly higher 209 prevalence, however, performed in animals of all ages (Kgotlele et al., 2016, Torsson et al., 2017, Muse 210 et al., 2012). In Pakistan, previous studies have found a similar prevalence or slightly lower (Zahur et 211 al., 2008, Zahur et al., 2011, Abubakar et al., 2017). In a high prevalent area, the sensitivity of a test 212 needs to be higher, to avoid a large number of false negatives. To increase the sensitivity in the used 213 ELISA the cut-off was lower in the high prevalent area (Pakistan) compared to the low prevalent area 214 (Tanzania). The final decision on the adjusted cut-off must depend on the aim of the test and where the 215 test is going to be used. When used for a screening purpose a higher cut-off is suggested to detect 216 potentially infected animals as early as possible, which is desirable during the eradication program. As 217 the prevalence in the population decreases so will also the positive predictive value of the test. To 218 increase the positive predictive value one could target the sampling to risk groups, use a test with a 219 higher specificity, or use an additional test and interpret the results in series. The optimum cut-off also 220 depends on the frequency distribution of the test variable in the healthy and diseased populations 221 (Thrusfield 2007). Moreover, even for a certain diagnostic test, the cut-off value is not universal and 222 should be determined for each region and for each disease condition (Pfeiffer, 2010, Habibzadeh et al., 223 2016).

224 These results demonstrate that filter papers are an acceptable and cost-effective transport 225 method of whole blood samples for later use in serological analysis. Here we dipped the filter paper in 226 blood collected in a serum tube. In a field setting we would recommend to take the blood samples using 227 only an injection needle, letting the blood drip down on the filter paper (excluding the need of a serum 228 tube), which is then left to dry away from direct sunlight. Filter papers could be used, and perform well, 229 in low-income and large countries, where access to laboratory facilities is limited or available only at a 230 great distance and where the cold chain is difficult to maintain. It is however important to adjust the cut-231 off value for a positive result when using filter papers, and as we have shown here by performing the 232 study in two different countries, in a low prevalent setting the cut-off may need to be adjusted to a higher 233 degree than in a high prevalent setting. 234 235 References 236 Abubakar, M., Rajput, Z. I., Arshed, M. J., Sarwar, G. & Ali, Q. 2011. Evidence of Peste Des Petits 237 Ruminants Virus (Pprv) Infection in Sindh Ibex (Capra Aegagrus Blythi) in Pakistan as 238 Confirmed by Detection of Antigen and Antibody. Tropical animal health and production, 43, 239 745-747. 240 Abubakar, M., Zahur, A. B., Afzal, M., Ali, Q. & Gonzales, J. 2017. Peste Des Petits Ruminants (Ppr) 241 in Pakistan: Analysis of a National Level Serological Data. Small Ruminant Research, 155, 57-65. 242 243 Aguilar, X. F., Fine, A. E., Pruvot, M., Njeumi, F., Walzer, C., Kock, R. & Shiilegdamba, E. 2018. 244 Ppr Virus Threatens Wildlife Conservation. Science, 362, 165-166. 245 Datta, D. 2017. Blandr: A Bland-Altman Method Comparison Package for R. 246 FAO 2013. Supporting Livelihoods and Building Resilience through Peste Des Petits Ruminants (Ppr) 247 and Small Ruminant Disease Control. Animal Production and Health Position Paper. Rome. 248 Available: http://www.fao.org/docrep/017/aq236e/aq236e00.htm 249 FAO and OIE. 2015. Global Strategy for the Control and Eradication of PPR. Available: 250 http://www.fao.org/3/a-i4460e.pdf 251 Fawcett, T. 2006. An Introduction to Roc Analysis. Pattern recognition letters, 27, 861-874.

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