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23 **Supplementary information: Ecologically Sustainable Exploitation Rates – A**
24 **multispecies approach for fisheries management**

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26

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71 SUPPLEMENTARY TEXT

72 Baltic Sea Application

73 *Data description*

74 The biomass index time series (for 1988-2014) for cod (Catch per unit effort, CPUE, kg/h
75 trawling) were assembled from trawl surveys (ICES subdivisions 25-28) and retrieved from
76 the ICES DATRAS database (www.ices.dk). Biomass time series for sprat and herring (ICES
77 subdivisions 25-29) were assembled from hydro-acoustic surveys (years 1988-2014). Total
78 biomass of the fish populations only included fishes > 30 cm (i.e. spawning fish) for cod and
79 fishes above one year of age for sprat and herring (i.e. excluding recruits). Time series for sprat
80 and herring were based on surveys from quarter 4 whereas the time series for cod was
81 composed of data from quarter 4 where available (years 1998-2014), and back calculated from
82 quarter 1 for the beginning of the time series (years 1988-1997). The back calculated data was
83 based on predictions from a linear regression analysis for 1998-2014 ($n=17$)
84 ($Cod\ biomass_{q4\ year\ t} = \gamma + \varphi * Cod\ biomass_{q1\ year\ t}$), showing that quarter 1 and quarter
85 4 cod data are strongly correlated ($\gamma = 55.64$; $\varphi = 0.72$).

86 Exploitation rate was modeled in a similar way as other studies (Bell, Fogarty, & Collie, 2014;
87 Langanen et al., 2017; Lindegren, Andersen, Casini, & Neuenfeldt, 2014), i.e. total landings
88 divided by survey data from the same year. The exploitation rate data was standardized to a
89 mean of zero and unity variance, and species biomasses were ln-transformed and centered prior
90 to model fitting. This centering of variables infer that the MAR-model is centered on zero
91 mean, otherwise model intercepts need to be fitted.

92

93 *Critical biomass limits*

94 Critical biomass levels for the fish stocks in the Baltic Sea are the Blim-values for spawning
95 stock biomass, which have been used in stock assessments. These points refer to the biomass
96 levels below which there may be reduced recruitment (ICES, 2015). To be applicable, Blim-
97 values from stock assessments (Cod=63000 tons, Sprat=410000 tons, Herring=430000 tons;
98 ICES, 2014), were rescaled to the magnitude of survey data by relating the mean of stock
99 assessment data, from the same years as the survey data, to Blim-values. This results in Blims
100 on a ln-transformed and centered scale (cod=-0.71, sprat=-0.98, herring=-0.50).

101

102 *Model fitting and model selection*

103 MAR-models with covariates can be fitted to time series of species abundances using for
104 example ordinary least square (Ives, Dennis, Cottingham, & Carpenter, 2003), generalized
105 least square (Lütkepohl, 2007), maximum likelihood (Ives, Dennis, Cottingham, & Carpenter,
106 2003) or Bayesian approaches (e.g. Langangen et al., 2017). We used generalized least square
107 implemented in the MTS-package in R (Tsay, 2015). The benefits of using the generalized
108 least square method includes its computational speed, asymptotic normal properties and more
109 precise estimate than ordinary least square for constrained models (Lütkepohl, 2007), i.e. for
110 models with certain parameters set to zero. For normal distributed data generalized least
111 square further gives the same estimates as the maximum likelihood approach (Lütkepohl,
112 2007).

113 A true exhaustive search was implemented to find the final model (the model with the lowest
114 AICc). Two restrictions on potential model structures were made: (i) the diagonal of the **B**
115 matrix was always included in the model fitting because intraspecific competition for food
116 resources tend to be important for both the clupeid fish populations (Casini, Cardinale, &
117 Hjelm, 2006) and cod in the Baltic Sea (Casini et al., 2016); (ii) exploitation rate was also

118 always included since the main objective of this study was to investigate the effect of altered
119 exploitation rate on species biomasses.

120 An Akaike's information criterion intended for constrained multivariate models fitted to small
121 sample sizes (AICc) (eq. 7.91 in Burnham & Anderson, 2002), was used to find the final
122 model structure:

$$123 \text{ AICc} = T * \ln(|\hat{\Sigma}_E|) + 2n_{par} + 2n_{par}(n_{par} + v)/(T * S - n_{par} - v), \quad (\text{S1})$$

124 where the first term, $T * \ln(|\hat{\Sigma}_E|)$, defined as T times the natural logarithm of the determinant
125 of the estimated process error covariance matrix, measures goodness of fit and the other
126 terms penalizes for the number of parameters, n_{par} . T is the length of the time series, v is the
127 number of estimated parameters in the process error covariance matrix, which are also
128 included in the total number of parameters, and S is the number of rows in the $(S \times T)$ time
129 series matrix of observed data.

130 R^2 -values refer to conditional R^2 , i.e. the proportion of the variance in $\ln(\text{biomass})$ change
131 between subsequent years that is explained by the model (Ives, Dennis, Cottingham, &
132 Carpenter, 2003).

133 In order to investigate the effect of model complexity on ESERs we additionally fitted two
134 model structures: one model assuming that species are decoupled, i.e. do not affect each other
135 (Single species model), and one model assuming that all species affect each other (Full
136 model).

137

138 *Final model*

139 To exemplify the approach we fit MAR-models to survey data for the three commercially
140 most important fish populations in the Baltic Sea: cod (*Gadus morhua*), sprat (*Sprattus*

141 *sprattus*) and herring (*Clupea harengus*). The final model (Tab. S1), following model
142 selection (see “Model fitting and model selection” above), gives a good fit to the observed
143 time series (Fig. 2). This model includes three parameters related to interspecific trophic
144 interactions (Tab. S1): mutual negative effects between sprat and herring, and a negative net
145 effect of sprat on cod. The negative effects between sprat and herring are expected as they
146 compete for food (Casini, Cardinale, & Hjelm, 2006), and the somewhat counterintuitive
147 negative net effect between sprat and cod could result from competition between sprat and
148 cod larvae for zooplankton, or sprat predation on cod eggs (Köster et al., 2005; but see
149 Gårdmark et al., 2015). Residual plots do not indicate any strong violations of model
150 assumptions (Fig. S3 & S4) and the model is stationary ($\max(\lambda_B) = 0.78[0.59\ 0.87]$), making
151 it suitable for estimating ESERs.

152 It is further interesting to note that after model selection we end up with a completely
153 different MAR-model of the three dominating fish stocks in the Baltic than what was found
154 in an earlier study using MAR-models (Lindegren, Möllmann, Nielsen, & Stenseth, 2009).
155 Here we have used survey data from 1988-2014, whereas the previous MAR-model
156 (Lindegren, Möllmann, Nielsen, & Stenseth, 2009) used model output from a Multispecies
157 Virtual Population Analysis from 1974-2005. Moreover, since the Baltic Sea fish community
158 has undergone a regime shift during the end of 1980:s (Möllmann et al., 2009), our estimated
159 model reflects the current regime, whereas the previous Baltic MAR-model (Lindegren,
160 Möllmann, Nielsen, & Stenseth, 2009) reflects a time span covering also the transition
161 period. This is probably a major reason for the more stable dynamics of the current model
162 ($\max(\lambda_B) = 0.78[0.59\ 0.87]$), compared to the previous Baltic MAR-model (Lindegren,
163 Möllmann, Nielsen, & Stenseth, 2009) ($\max(\lambda_B) = 0.93$).

164

165 *Out-of-sample test of the final model*

166 We tested the prediction accuracy of the final model on out-of-sample data. The time series
167 (n=27) was divided into training (n=17) and test data sets (n=10). The matrix-structure of the
168 final model (Final model Tab. S1) was fitted to training data and thereafter used for prediction.
169 Two tests were performed: a test of the models mean prediction accuracy (i.e. eq. 2 in Methods)
170 and a true forward prediction. The model gives a decent forward prediction for cod (Fig. S2b),
171 and out of phase predictions for sprat and herring (Fig. S2c-d). Further, observed means are
172 within the 95% prediction bounds of the model (i.e. eq. 3 in Method section), but the predictions
173 are very uncertain (Fig. S2a). This points to a very important aspect with this modelling
174 approach, that is, uncertainty in parameter estimates should be accounted for when estimating
175 ESERs; as with any type of assessment model (Link et al., 2012; Thorpe, Le Quesne, Luxford,
176 Collie, & Jennings, 2015).

177

178 **Assumptions and future directions of the ESER approach**

179 *MAR-model assumptions*

180 A critical assumption of the ESER approach, if using MAR-models, is that long-term changes
181 in exploitation rate affect species' biomass linearly on a ln-scale. The fitted model should
182 thus be scrutinized in terms of potential non-linearities. In our example, residual plots do not
183 indicate any strong non-linearities within the ranges of observed data (Fig. S3). Ideally, the
184 functional form of relationships between all variables should be known beforehand and
185 estimated using a mechanistically complex model; but such a model requires a large number
186 of parameters (but see e.g. Ye et al., 2015), some of which are preset before fitting
187 multispecies fisheries models (Plagányi et al., 2014). Further, with an increasing number of
188 parameters, the risk of overfitting increases; that is, the model might describe random errors
189 rather than the underlying mechanistic relationships. A MAR-model could thus, due to its

190 simplicity and entirely statistically fitted parameters, be referred to as a model of intermediate
191 complexity for ecosystem assessment (Plagányi et al., 2014). Moreover, linear stochastic
192 models often give good approximations of non-linear stochastic models (Ives, Dennis,
193 Cottingham & Carpenter, 2003; Ripa & Ives, 2003), and tend to describe the general
194 dynamical features of many ecological systems (Ripa & Ives, 2003). For long-term effects
195 caused by changes in covariates, as implemented in the current study, one study has also
196 shown a fitted MAR-model to have greater prediction accuracy than a non-linear model fitted
197 to data simulated by the same non-linear model (Ives, 1995). Thus, the prediction accuracy of
198 a linear stochastic model might outperform the prediction accuracy of a non-linear model
199 fitted to time series; but this result is contingent on the specific way the non-linear model was
200 fitted (Ives, 1995). Further, MAR-models have also given reasonable predictions of plankton
201 abundances to long term changes in covariates (Beisiner, Ives, & Carpenter, 2003; Ives,
202 Carpenter, & Dennis, 1999). Yet, it should be noted that strong non-linear signals, which set
203 in when large changes in exogenous variable are induced in non-linear models, are not well
204 captured by MAR-models (Certain, Barraquand, & Gårdmark, 2018).

205 The analytical approach of estimating ESERs relies on the stationary distribution of MAR-
206 models (Note, however, that ESERs can be derived based on any statistical multispecies
207 model, using extensive computer simulations). Two important assumptions inherent in MAR-
208 models are that process errors should be normally distributed and temporarily uncorrelated.
209 Thus, when applying the analytical ESER approach, a biologically plausible MAR-model
210 should be built, and model residuals should be checked for normality and autocorrelation.
211 This can be done using either statistical tests or graphical methods (in our example, we used
212 partial autocorrelation functions and normal probability plots to assess temporal correlation
213 and normality of model residuals, respectively). If the assumption of normally distributed
214 process errors is not met, the multivariate normal formulation of the stationary distribution

215 will not hold and the analytical approach is unfeasible. Further, if the second assumption, i.e.
216 that process errors are temporarily uncorrelated, is not met, the variance of the stationary
217 distribution will be underestimated (Ripa & Ives, 2003). Neglecting this assumption would
218 thus lead to overestimated ranges of ESERs, i.e. that particular exploitation rates would be
219 reckoned as ecologically sustainable, while they are in fact not, due to omission of the
220 process error assumption.

221 When fitting a MAR-model there is another type of uncertainty that can be acknowledged,
222 that is, observation error. If this is explicitly acknowledged, a state-space approach can be
223 used to separate process and observation errors when fitting a MAR-model (Holmes, Ward,
224 & Wills, 2013). Now, since the variance-covariance of the stationary distribution of the states
225 is proportional to the variance-covariance of the multivariate normal process errors, a state-
226 space approach would probably decrease the variance-covariance of the stationary
227 distribution of the states, compared to the case when a state-space model is not fitted. In
228 effect, this would decrease the ranges of ESERs. However, whether such an approach would
229 overall decrease the ranges of ESERs also depends on parameter uncertainty. Since the
230 number of fitted parameters for a specific model structure would increase when separating
231 observation from process errors, such an approach would potentially lead to an increased
232 parameter uncertainty. The overall ranges of ESERs might thus be similar using the two
233 approaches, but qualitative differences are likely since these approaches tend to give
234 qualitative different parameter estimates, at least for univariate models (Knape & de Valpine,
235 2012).

236 Before fitting a MAR-model, stationarity of time series should be assessed in order to reduce
237 the risk of so called spurious regression, i.e. reduce the risk that erroneous relationships
238 emerge only due to non-stationarity in the data set. To this end, there are a handful of
239 different statistical tests that can be used to test for stationarity. These tests have seldom been

240 used in ecology, yet in other fields, such as econometrics, they are the norm (Tsay, 2014).
241 Here, we used two of the most well-known tests, the Dickey-Fuller test (Dickey & Fuller,
242 1979) and the Phillips-Perron test (Phillips & Perron, 1988), to test the null hypothesis that a
243 given time series follows a random walk process (i.e. that $\rho = 1$ in $y_t = \rho y_{t-1} + u_t$). We
244 used the most basic version of the tests, i.e. assuming no deterministic trend or random drift,
245 and found that we can reject the null-hypothesis (Tab. S2). Yet, it should be noted that these
246 tests are sensitive to the choice of test type, time series length and how close a time series is
247 to non-stationarity (Elliot, Rothenberg, & Stock, 1996).

248

249 *Future directions*

250 Future research should specifically seek alternative ways of modelling exploitation rate. Here
251 we have modelled exploitation rate as landings at time t/survey data at time t. Exploitation
252 rates should preferably be estimated from independent data sets, e.g. effort data combined
253 with survey data not used as observations of the biomass variables of the model. Notably,
254 previous MAR-models for marine fish communities have either used a similar approach as in
255 the current study (Bell, Fogarty, & Collie, 2014; Langangen et al., 2017; Lindegren,
256 Andersen, Casini, & Neuenfeldt, 2014) or fitted MAR-models to exploitation rates estimated
257 in other models (Lindegren, Möllmann, Nielsen, & Stenseth, 2009).

258 Here we assume that state variables represent the temporal variation in total biomass of fish
259 populations exploitable in the fisheries, and thus that each $\ln(\text{biomass})$ unit of a population
260 (e.g. independent of fish size or age) is impacted by, and impacts, other populations to the
261 same extent. However, size-dependent feeding is very common among marine fish
262 populations (Barnes, Maxwell, Reuman, & Jennings, 2010) and may govern their structure
263 and dynamics (de Roos & Persson, 2013; Gårdmark et al., 2015). It might thus be important

264 to account for size structure among fish populations when estimating ESERs. In a MAR-
265 model, size-dependent interactions could be introduced by treating the total biomass of size
266 classes of the populations as state variables (similar to Lindegren, Andersen, Casini, &
267 Neuenfeldt, 2014), or by implicitly and indirectly model size structure through the inclusion
268 of time lags (i.e. fitting a VARX(p,s)-model). The framework of estimating ESERs can be
269 adopted independent of which of the approaches that is taken (see Lütkepohl, 2007 for
270 derivation of the stationary distribution of VAR(p)-models). Species interactions in a MAR-
271 model are further assumed to be linear on a ln-scale. This assumption infers that strong non-
272 linearities in interactions, such as those often involved in regime shifts (Gårdmark et al.,
273 2015), cannot be accounted for by this model. As such, regime shifts often involve a
274 complete reorganization of a system, with different states inferring different interactions
275 among species and environmental forces (Gårdmark et al., 2015). Thus, under the potential
276 existence of regime shifts in a system, the current approach of estimating ESERs would only
277 be valid for models fitted to time series within regimes. Moreover, in order to avoid that a
278 system switches from one state to another requires some prerequisite knowledge of points
279 where changes in the biomass of one or a couple of species lead to a large overall change in
280 the system. Such information is seldom available and extensive research is conducted on how
281 to anticipate such critical transitions (Lindegren et al., 2012; Scheffer et al., 2012). However,
282 for the Baltic Sea, recent research (Casini et al., 2009) actually indicates the existence of a
283 critical population size of sprat, which separates two potential ecosystem configurations.
284 Above this population size threshold sprat tend to control summer zooplankton dynamics,
285 potentially hindering cod from recovery to its previous high biomass state due to food
286 competition with cod larvae (but see Gårdmark et al., 2015). Now, assume that the Baltic Sea
287 community was currently in a high cod state (in reality it is the opposite [Casini et al., 2009;
288 Gårdmark et al., 2015]) and that the management objective was to keep the system in this

289 state. Under such circumstances an upper critical biomass limit for sprat would, in addition to
290 Blim's for all species, be incorporated in the multispecies objective (i.e. two critical biomass
291 limits for sprat in Fig. 1). The estimated ESERs would then, theoretically, correspond to a
292 low risk that a regime shift occurred or that any species in the system went below its Blim.
293 Further, the multispecies objective could be changed to have a focus on just one or a couple
294 of the investigated species, or include other type of species, such as grey seals or some bird
295 species dependent on forage fish (Cury et al. 2011; Österblom, Casini, Olsson, & Bignert,
296 2006).

297

298 *ESERs in specious systems*

299 As described in the main text, an increasing number of species included in an ESER analysis
300 will eventually lead to no support for ecologically sustainable exploitation. However, for a
301 specious system, it may be more appropriate to divide species into functional groups,
302 depending on their ecological role in a system; as for example, piscivorous and planktivorous
303 fish. Based on such a grouping the multispecies objective could be extended in two ways by
304 either: (i) defining that we are only willing to accept a maximum probability that any species
305 in each functional group goes below its Blim; or (ii) defining that we are only willing to
306 accept a certain probability that the total biomass of any functional group goes below a limit
307 for its total biomass. In the first setting, the objective would be to derive exploitation rates
308 associated with a low probability (lower than a predefined maximum acceptable probability)
309 that any species in each functional group went below its Blim. Mathematically, this can be
310 described as follows:

$$311 \quad \varphi(\boldsymbol{\mu}_F) = \min_{j \in \{1, \dots, k\}} (\alpha - P_j(\boldsymbol{\mu}_F)) \quad (\text{S2})$$

312 where α is a constant giving the predefined maximum acceptable probability that any species
 313 in each function group, j , goes below its Blim, and $P_j(\boldsymbol{\mu}_F)$ is the probability that any species
 314 in functional group j goes below its Blim, given a vector of mean exploitation rates, $\boldsymbol{\mu}_F$. Since
 315 $P_j(\boldsymbol{\mu}_F)$ gives the probability that any species in functional group j goes below its critical
 316 biomass limit, the overall multispecies objective, $\varphi(\boldsymbol{\mu}_F)$, is determined by the maximum
 317 probability, $P_j(\boldsymbol{\mu}_F)$, across all functional groups.

318 For the second scenario, new critical biomass limits for the total biomass of each functional
 319 group should first be defined. The stationary distribution of total biomasses could then be
 320 readily retrieved, since the multivariate normal formulation of the stationary distribution
 321 infers that any linear combination of the distribution is still normal. The stationary
 322 distribution of the total biomass of functional groups, $\mathbf{Y}_\infty(\boldsymbol{\mu}_F)$, can therefore be described by
 323 the following equation:

$$324 \quad \boldsymbol{\mu}_Y = \mathbf{e}_Y \boldsymbol{\mu}_X \quad (\text{S3})$$

$$325 \quad \mathbf{V}_Y = \mathbf{e}_Y \mathbf{V}_X \mathbf{e}_Y^T,$$

326 where $\boldsymbol{\mu}_Y$ is the $(n \times 1)$ mean vector of total biomasses of functional groups given a vector of
 327 mean exploitation rates $\boldsymbol{\mu}_F$; $\boldsymbol{\mu}_X$ is the $(m \times 1)$ mean vector of species biomasses given a vector
 328 of mean exploitation rates $\boldsymbol{\mu}_F$; \mathbf{e}_Y is a $(n \times m)$ zero matrix with ones in position (i,j) mapping
 329 species j to functional group i ; \mathbf{V}_Y is the $(n \times n)$ covariance matrix of the stationary distribution
 330 of the total biomass of functional groups; and \mathbf{V}_X is the $(m \times m)$ covariance matrix of the
 331 stationary distribution of the species biomass.

332 Similar to the case where conservation of each species is of concern (eq. 4 Methods), the
 333 multispecies objective would now read:

$$334 \quad \varphi(\boldsymbol{\mu}'_F) = \alpha - P_Y(\boldsymbol{\mu}_F), \quad (\text{S4})$$

335 where α is the predefined maximum acceptable probability and $P_Y(\boldsymbol{\mu}_F)$ is the probability that
336 the total biomass of any functional group goes below its limit of total biomass.

337 An additional challenge in estimating ESERs in specious systems is model fitting, since
338 models of highly diverse systems may include a large number of parameters, and thus lead to
339 high parameter uncertainty. A high parameter uncertainty would in general lead to a low
340 probability of attaining the multispecies objective, and thus a decreased range of ESERs.

341 However, whether there is straightforward relationship between the number of species and
342 the number of parameters in a model is not clear-cut as model selection may favor less
343 complex models (Burnham & Anderson, 2002).

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356 SUPPLEMENTARY FIGURES

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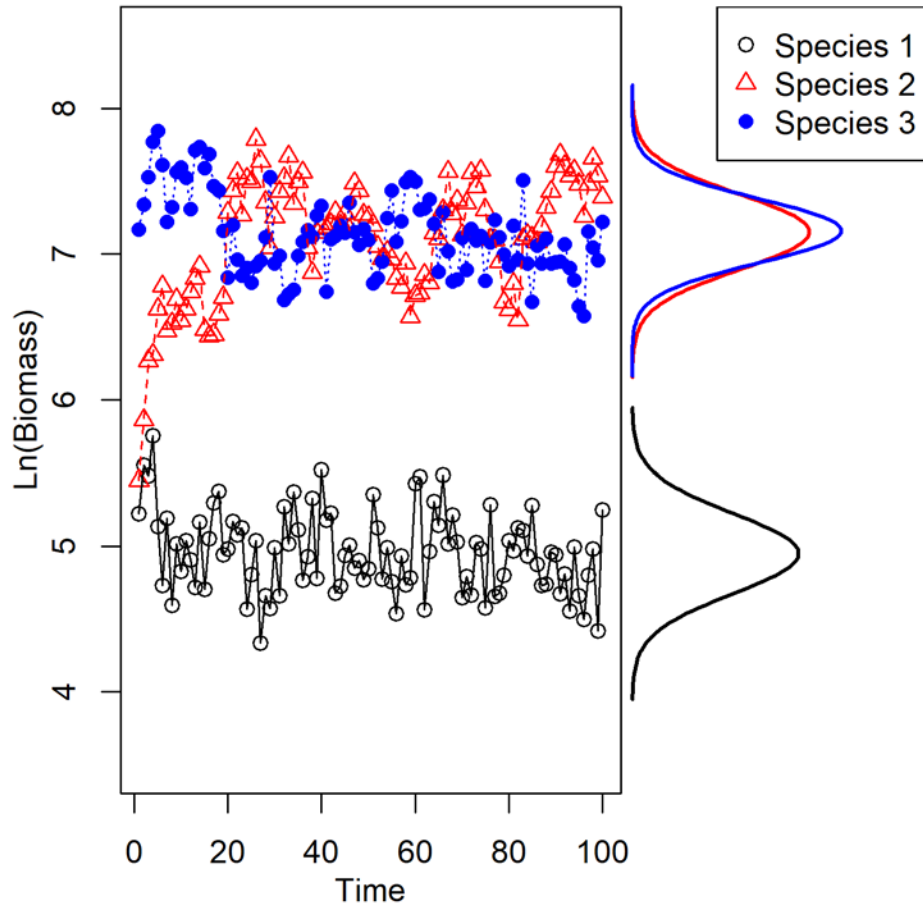
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376 **Fig. S1.** Stationary distribution of a MAR-model with covariates. The figure illustrates a time
 377 projection of a MAR-model with covariates held at fixed values. The distributions to the right
 378 illustrate the stationary distribution, i.e. the distribution of $\ln(\text{biomass})$ abundances that would
 379 accumulate if the MAR-model was simulated over infinite time.

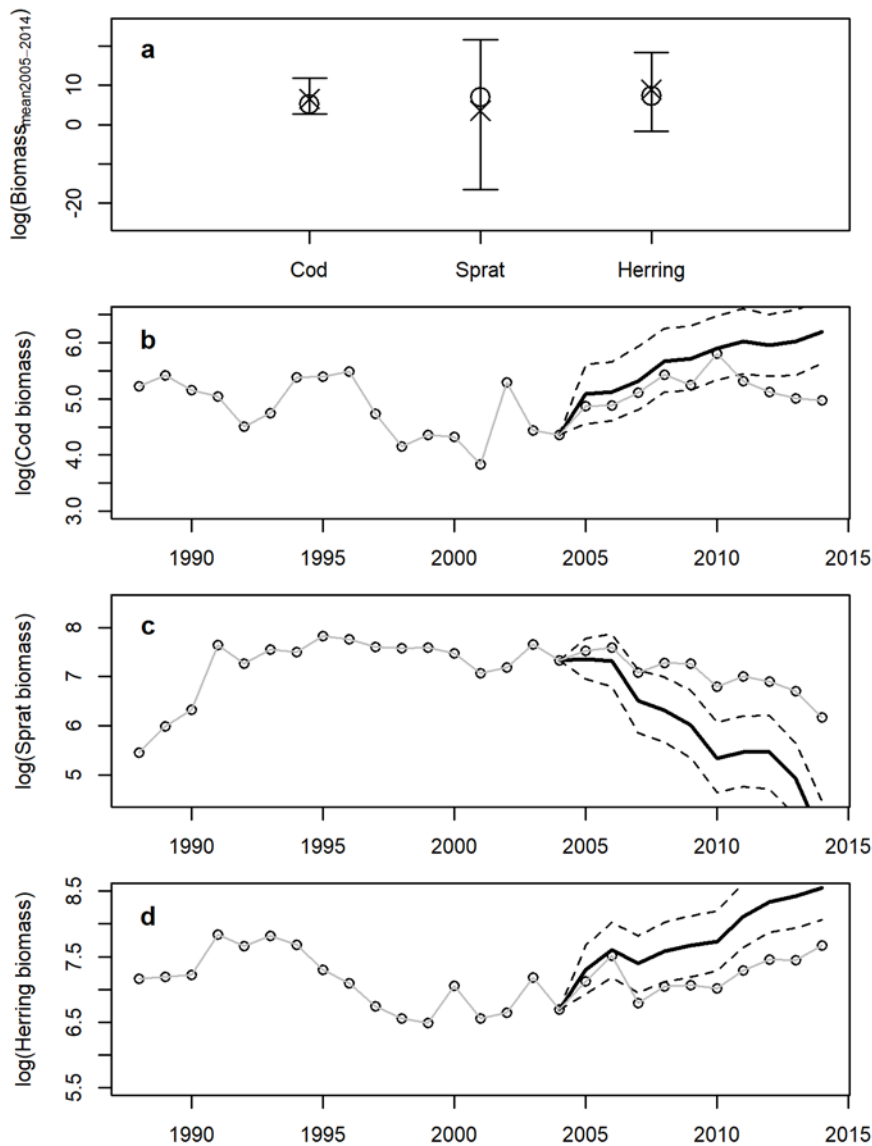
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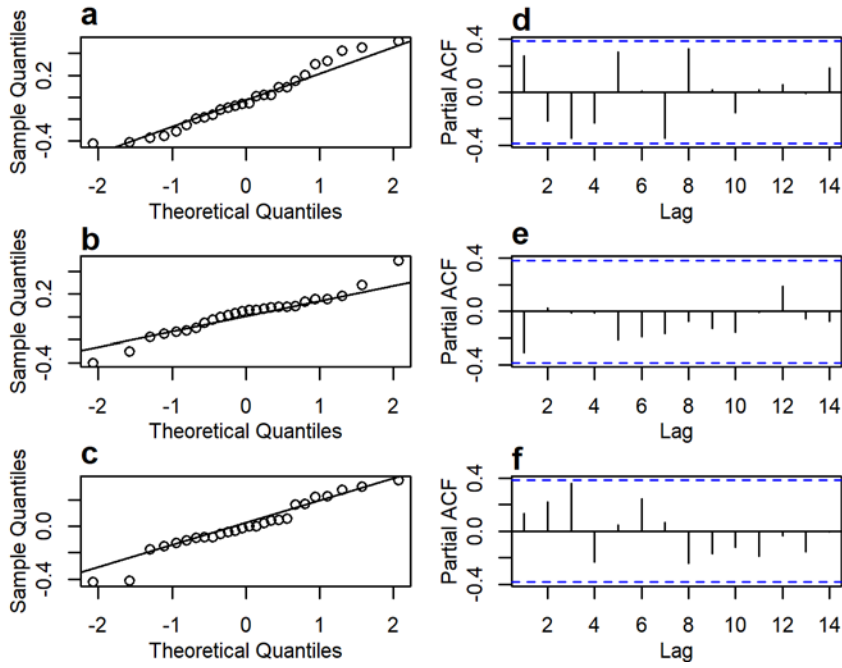
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386 **Fig. S2.** Model evaluation of the final model in our example of applying ESERs. The final
 387 model is first fitted to 1988-2004 data and thereafter used for prediction. (a) Mean
 388 $\ln(\text{biomass})$ for 2005-2014 data. Observed data is shown by small circles and predictions,
 389 which are based on observed mean exploitation rates, are shown as small crosses. Confidence
 390 intervals for model predictions are based on 2.5 and 97.5 quantiles of 500 bootstrapped
 391 parameter sets. The bottom panels show true forward predictions for cod (b), sprat (c) and
 392 herring (d). Grey lines with small circles show observed data and black thick lines with
 393 striped confidence bounds show true forward conditional forecasts. Forecasts are conditional
 394 on time series of exploitation rate.



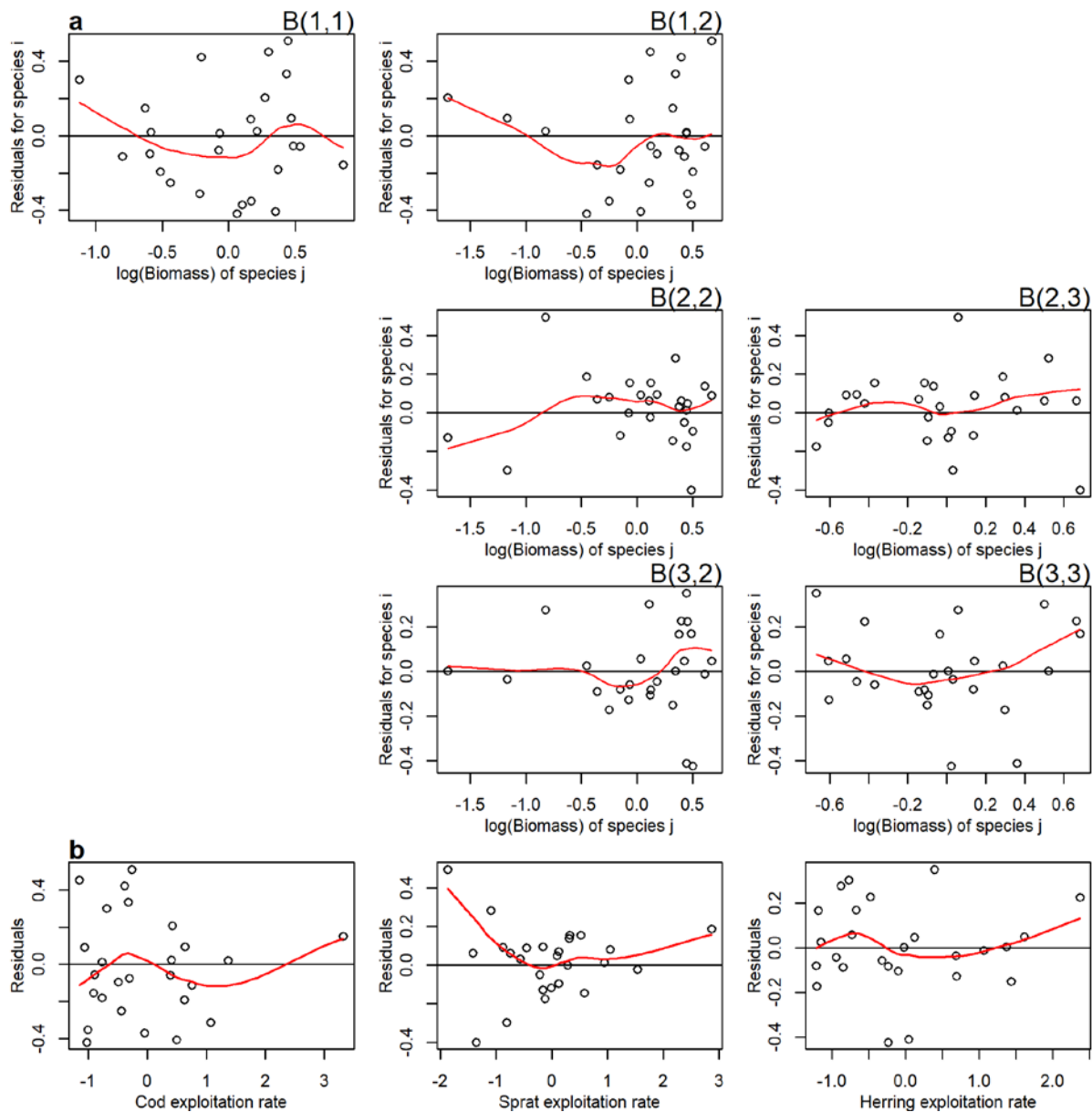
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Fig. S3. Model adequacy for the final model in our example of applying ESERs. Left panels show normal probability plots for cod (a), sprat (b) and herring(c). Right panels show partial autocorrelation functions for cod (d), sprat (e) and herring (f).



399

400 **Fig. S4.** Partial residual plots for the final model in our example of applying ESERs. **a)**
 401 Model residuals as a function of observed $\ln(\text{biomasses})$. The panels show the potential
 402 existence of non-linear interactions among species. Subpanels are structured in the same way
 403 as the **B**-matrix, thus showing potential non-linear net effects ('interactions') between species
 404 in column j and row i . The x-axis corresponds to observed $\ln(\text{biomass})$ of species j in year t -
 405 1 , and the y-axis shows model residuals for species i at time t . Cod is represented by index
 406 (1), sprat is represented by index (2) and herring is represented by index (3). **b)** Model
 407 residuals for each species as a function of each species' observed exploitation rate. The

408 exploitation rates are shown as anomalies, i.e. with a mean of zero and unity variance. Red
409 lines show the fit of local polynomial smoothers, with curved relationships indicating non-
410 linear effects.

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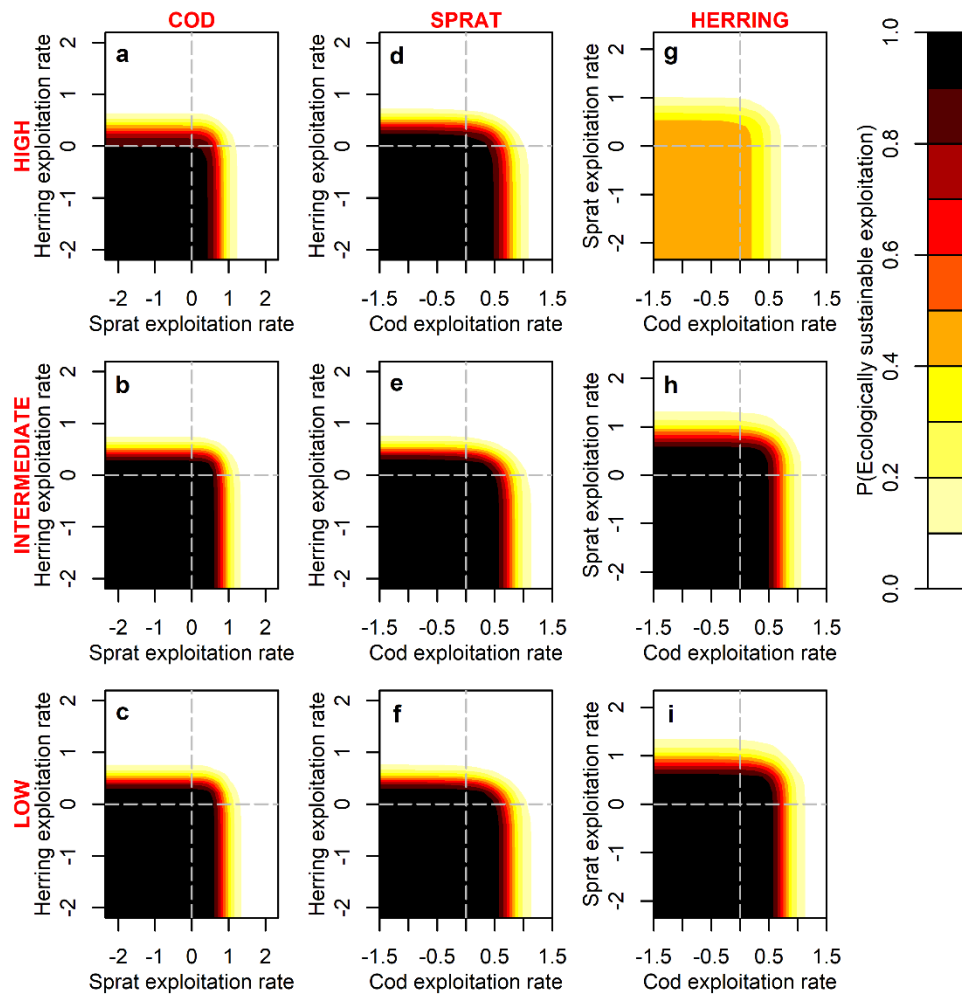
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420 **Fig. S5.** Ranges of ecologically sustainable exploitation in the single species model. This
 421 figure shows the probability of ecologically sustainable exploitation as a function of
 422 exploitation rates, in a community of three non-interacting fish stocks. The probabilities are
 423 numerically found by evaluating if a specific exploitation rate combination is associated with
 424 a low probability (lower than a predefined maximum acceptable probability) that any
 425 interacting species in a community goes below its Blim, across 500 bootstrapped parameter
 426 sets. Top panels: (a), (d) and (g); middle panels: (b), (e) and (h); and bottom panels: (c), (f)
 427 and (i) show cases where exploitation rate of the species represented in each column (left:
 428 cod, middle: sprat, right: herring) is held at a fixed high (0.5), intermediate (0) or low (-0.5)
 429 level, respectively. Exploitation rates are represented as anomalies, i.e. as the number of

430 standard deviations above or below mean historical levels (for 1988-2014). Dashed grey lines
431 represent mean historical exploitation rates.

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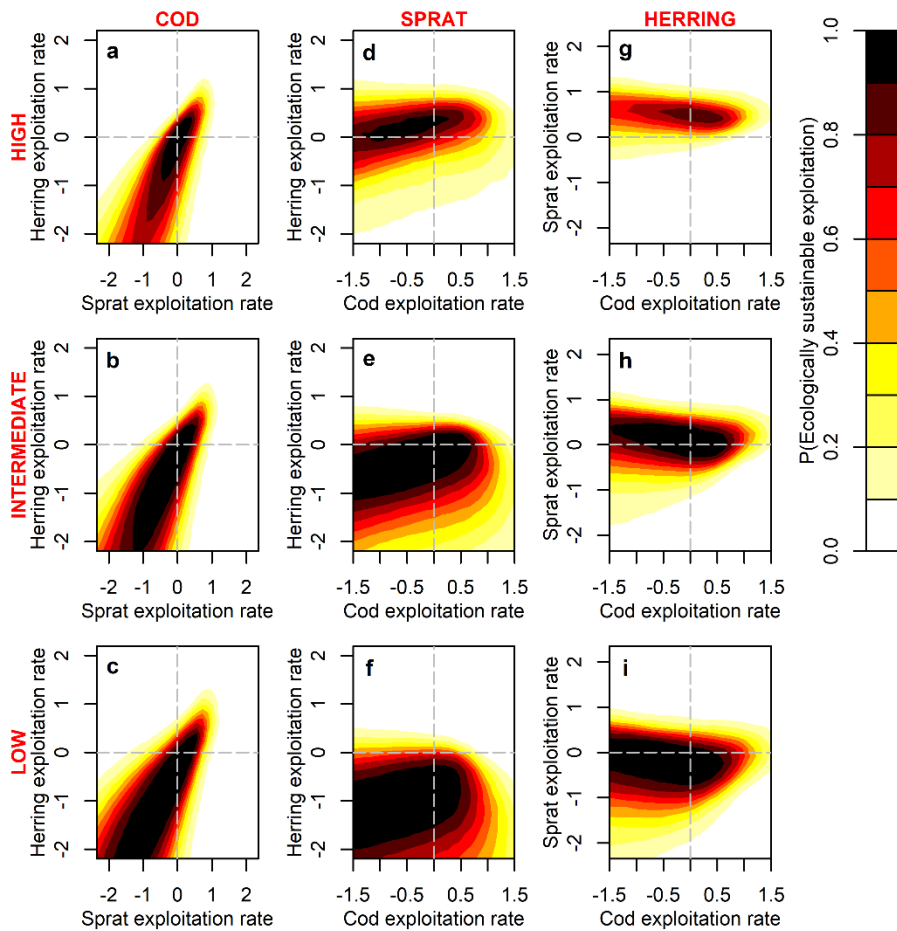
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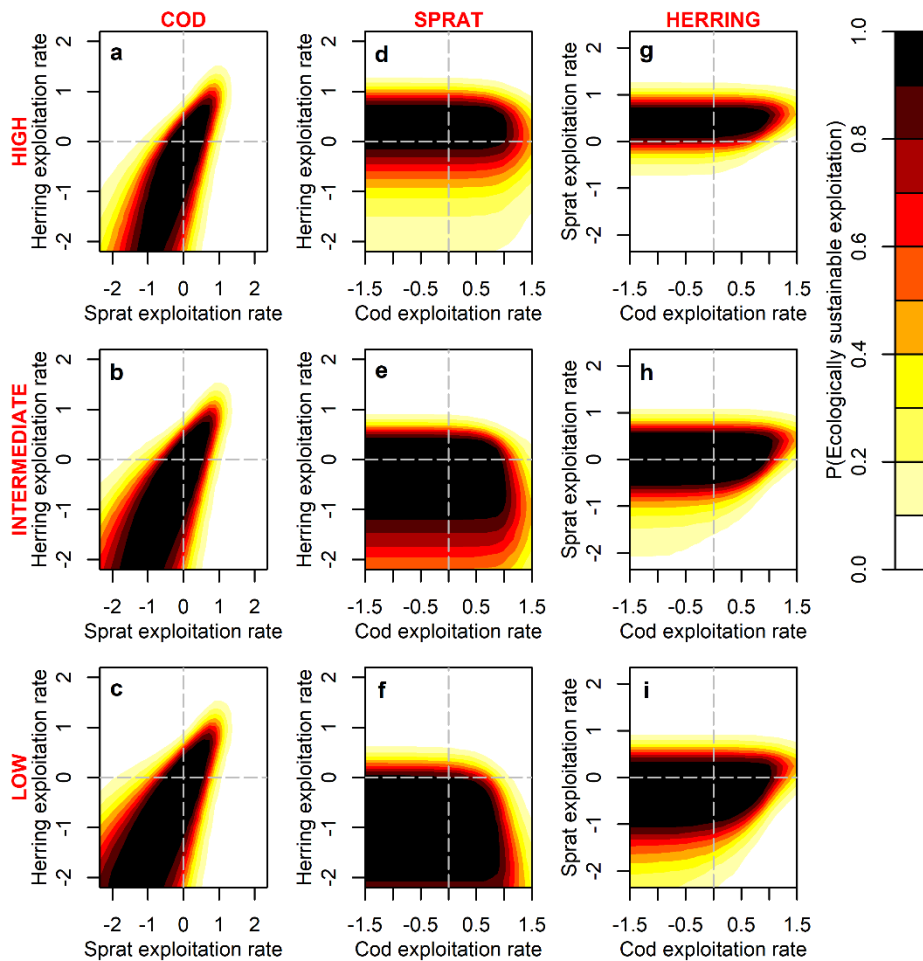
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441 **Fig. S6.** Ranges of ecologically sustainable exploitation in the full model. This figure shows
 442 the probability of ecologically sustainable exploitation as a function of exploitation rates, in a
 443 community of three interacting fish stocks. The probabilities are numerically found by
 444 evaluating if a specific exploitation rate combination is associated with a low probability
 445 (lower than a predefined maximum acceptable probability) that any interacting species in a
 446 community goes below its Blim, across 500 bootstrapped parameter sets. Top panels: (a), (d)
 447 and (g); middle panels: (b), (e) and (h); and bottom panels: (c), (f) and (i) show cases where
 448 exploitation rate of the species represented in each column (left: cod, middle: sprat, right:
 449 herring) is held at a fixed high (0.5), intermediate (0) or low (-0.5) level, respectively.
 450 Exploitation rates are represented as anomalies, i.e. as the number of standard deviations
 451 above or below mean historical levels (for 1988-2014). Dashed grey lines represent mean
 452 historical exploitation rates.



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454 **Fig. S7.** Ranges of ecologically sustainable exploitation in the final model for the case where
 455 a high maximum probability that any species goes below its critical biomass limit is assumed
 456 ($\alpha = 0.2$). This figure shows the probability of ecologically sustainable exploitation as a
 457 function of exploitation rates, in a community of three interacting fish stocks. The
 458 probabilities are numerically found by evaluating if a specific exploitation rate combination is
 459 associated with a low probability (lower than a predefined maximum acceptable probability)
 460 that any interacting species in a community goes below its Blim, across 500 bootstrapped
 461 parameter sets. Top panels: (a), (d) and (g); middle panels: (b), (e) and (h); and bottom
 462 panels: (c), (f) and (i) show cases where exploitation rate of the species represented in each
 463 column (left: cod, middle: sprat, right: herring) is held at a fixed high (0.5), intermediate (0)
 464 or low (-0.5) level, respectively. Exploitation rates are represented as anomalies, i.e. as the

465 number of standard deviations above or below mean historical levels (for 1988-2014).

466 Dashed grey lines represent mean historical exploitation rates.

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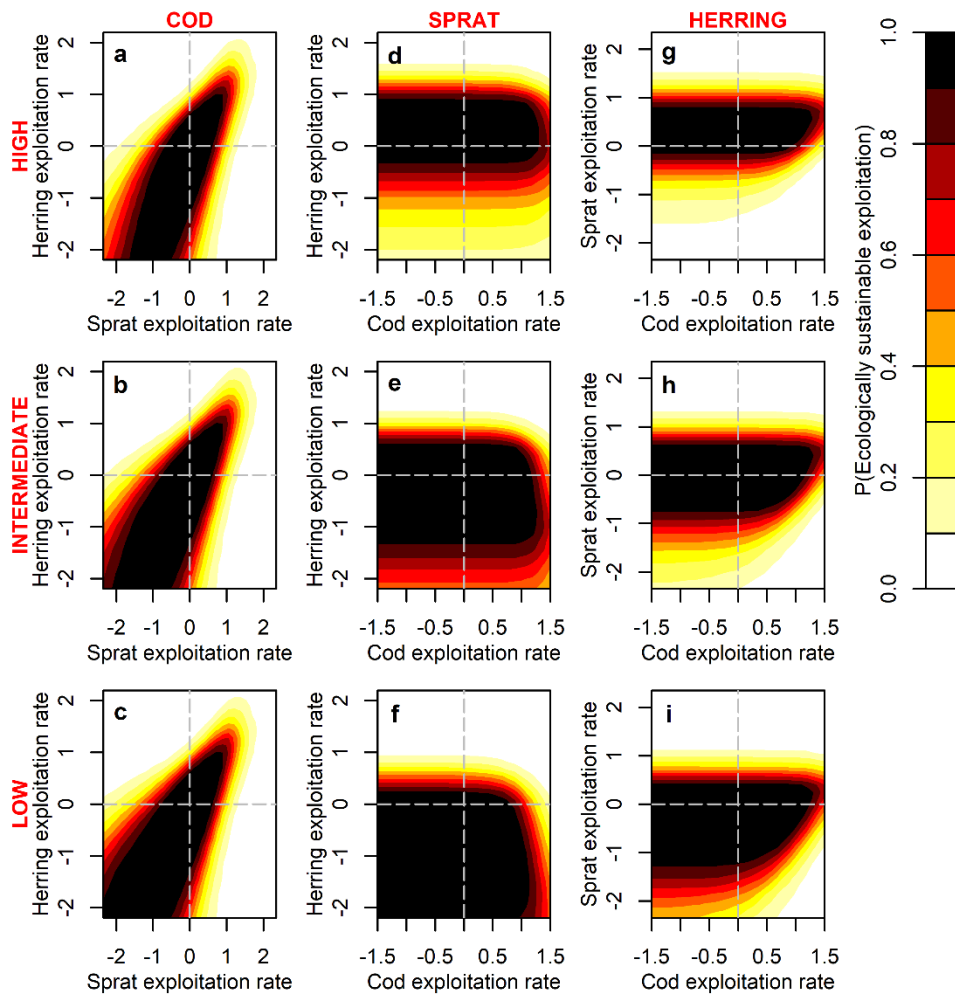
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478 **Fig. S8.** Ranges of ecologically sustainable exploitation in the final model for the case where
 479 critical biomass limits are assumed to be 20 % lower than species' Blims;s. This figure shows
 480 the probability of ecologically sustainable exploitation as a function of exploitation rates, in a
 481 community of three interacting fish stocks. The probabilities are numerically found by
 482 evaluating if a specific exploitation rate combination is associated with a low probability
 483 (lower than a predefined maximum acceptable probability) that any interacting species in a
 484 community goes below its Blim, across 500 bootstrapped parameter sets. Top panels: (a), (d)
 485 and (g); middle panels: (b), (e) and (h); and bottom panels: (c), (f) and (i) show cases where
 486 exploitation rate of the species represented in each column (left: cod, middle: sprat, right:
 487 herring) is held at a fixed high (0.5), intermediate (0) or low (-0.5) level, respectively.
 488 Exploitation rates are represented as anomalies, i.e. as the number of standard deviations

489 above or below mean historical levels (for 1988-2014). Dashed grey lines represent mean
490 historical exploitation rates.

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508 SUPPLEMENTARY TABLES

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Table S1. MAR-model parameter estimates in our example of applying ESERs.

| | B | | | D | | |
|-----------------------------|------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| | Cod | Sprat | Herring | D.Cod | D.Sprat | D.Herring |
| Final model | | | | | | |
| Cod | 0.17[-0.11;0.39] | -0.21[-0.42;-0.01] | - | -0.33[-0.45;-0.22] | - | - |
| Sprat | - | 0.64[0.44;0.76] | -0.27[-0.47;-0.1] | - | -0.28[-0.37;-0.21] | - |
| Herring | - | -0.21[-0.38;-0.07] | 0.39[0.08;0.57] | - | - | -0.24[-0.36;-0.16] |
| Single species model | | | | | | |
| | Cod | Sprat | Herring | D.Cod | D.Sprat | D.Herring |
| Cod | 0.25[-0.04;0.48] | - | - | -0.33[-0.45;-0.22] | - | - |
| Sprat | - | 0.64[0.38;0.78] | - | - | -0.27[-0.36;-0.2] | - |
| Herring | - | - | 0.39[0.11;0.61] | - | - | -0.25[-0.36;-0.16] |
| Full model | | | | | | |
| | Cod | Sprat | Herring | D.Cod | D.Sprat | D.Herring |
| Cod | 0.17[-0.17;0.37] | -0.21[-0.44;0] | 0.03[-0.27;0.41] | -0.33[-0.45;-0.19] | - | - |
| Sprat | 0.1[-0.11;0.28] | 0.66[0.46;0.78] | -0.31[-0.54;-0.07] | - | -0.28[-0.37;-0.22] | - |
| Herring | -0.02[-0.2;0.21] | -0.21[-0.38;-0.05] | 0.4[0.07;0.59] | - | - | -0.24[-0.36;-0.16] |

§Final model refers to the model found through model selection based on AICc; single species refers to a model fitted assuming no interspecific interactions, i.e. assuming a diagonal **B**-matrix; and full model refers to a model fitted assuming that all species interact with each other. Predictors are arranged in columns and variates are order in rows. The **B**-matrix consist of species net effects on each other ('interactions') and the **D**-matrix exploitation rate parameters. Values within square brackets are 95% confidence intervals based on 500 bootstrapped data sets.

511 **Table S2.** Dickey-Fuller and Phillip-Perrons stationarity tests for our example of applying
512 ESERs.

| | Biomass | | | Exploitation rate | | |
|--------------------------------|---------|-------|---------|-------------------|-------|---------|
| | Cod | Sprat | Herring | Cod | Sprat | Herring |
| Dickey-Fuller test statistic | -13.12 | -9.63 | -8.7 | -12.19 | -9.2 | -8.06 |
| P-value | 0.01 | 0.02 | 0.03 | 0.01 | 0.03 | 0.04 |
| Phillips-Perron test statistic | -2.97 | -3.04 | -2.23 | -2.93 | -1.69 | -2.12 |
| P-value | 0.01 | 0.01 | 0.03 | 0.01 | 0.09 | 0.04 |

513 [§]This table shows test statistics and p-values for the biomass and exploitation rate time series used in building
514 the final MAR-model. These tests test if the null hypothesis, that is, that the time series are produced by a
515 random walk process, can be rejected.

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Table S3. Upper and lower limits of Ecologically Sustainable Exploitation Rates with 95% confidence intervals.

| Model | Upper limit Cod | Lower limit Cod | Upper limit Sprat | Lower limit Sprat | Upper limit Herring | Lower limit Herring | $\Delta AICc$ |
|-----------------------------|-----------------|---------------------|-------------------|--------------------|---------------------|---------------------|---------------|
| Final model | 0.84[0.61 1.49] | - | 0.62[0.39 1.16] | -0.53[-1.75 -0.25] | 0.39[0.24 0.79] | -1.65[-6.65 -0.79] | 0 |
| Single species model | 0.68[0.42 1.25] | - | 0.81[0.45 1.61] | - | 0.44[0.19 0.90] | - | 10.71 |
| Full model | 0.98[0.58 2.25] | -2.93[-25.18 -0.35] | 0.57[0.33 1.20] | -0.48[-1.76 -0.21] | 0.35[0.18 0.78] | -1.31[-7.31 -0.63] | 8.89 |

§Final model represents the model found through model selection; Single species model represents a model fitted assuming no interspecific interactions, i.e. assuming a diagonal **B**-matrix; and Full model represents a model fitted assuming that all species interact with each other. Note that limits for ESER are reported as anomalies, i.e. the number of standard deviations above (positive values) or below (negative values) mean historical exploitation rate levels (for 1988-2014). Confidence intervals are based on 500 bootstrapped parameter sets. Some of the data-points represent exploitation anomalies that would infer zero catch or less. Exploitation rate anomalies smaller than: -1.52, for cod; -2.23, for herring; and, -2.38, for sprat represent zero catch and can be referred to as parameter sets with no exploitation rate limits (See Tab. S5).

545 **Table S4.** Indirect effects caused by increased exploitation rate in our example of applying
 546 ESERs.

| | Sensitivity to change in μ_{FCod} | Sensitivity to change in μ_{FSprat} | Sensitivity to change in $\mu_{FHerring}$ |
|----------------|---|---|---|
| Cod | -0.4[-0.55;-0.26] | 0.26[0.01;0.5] | -0.1[-0.26;0] |
| Sprat | - | -1.04[-1.58;-0.62] | 0.39[0.1;0.76] |
| Herring | - | 0.36[0.09;0.72] | -0.53[-0.77;-0.33] |

547 §The response (rows) of the stationary mean (eq. 3 in Methods) of the final model to a unitary increase in
 548 exploitation rate for each species (columns). The values presented are the partial derivatives of the stationary
 549 mean (eq. 3 in Methods) with respect to a change in mean exploitation rate for each species. Values within
 550 square brackets are 95% confidence intervals based on 500 bootstrapped data sets.

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563 **Table S5.** The number of cases where it is impossible to find an ESER limit (No limit), and
 564 the number of cases where the lower limit for ESERs would represent an exploitation rate
 565 lower than zero on the original untransformed scale (Unfeasible limit), i.e. an exploitation
 566 rate inferring no exploitation, in our application example of ESERs.

| | Final model | | | Single species model | | | Full model | | |
|-------------------------|-------------|-------|---------|----------------------|-------|---------|------------|-------|---------|
| | Cod | Sprat | Herring | Cod | Sprat | Herring | Cod | Sprat | Herring |
| No limit | 0 | 0 | 1 | 0 | 0 | 0 | 76 | 0 | 8 |
| Unfeasible limit | 0 | 3 | 184 | 0 | 0 | 0 | 242 | 6 | 126 |

567 §For each species and model, numbers are based on numerical investigations of 500 bootstrapped parameter
 568 sets. Note that no limits for ESERs infers that the multispecies objective cannot be attained when a given focal
 569 species' mean exploitation rate is changed, and the other two species' mean exploitation rates are kept at mean
 570 historical levels.

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